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COMMISSION OF INQUIRY INTO THE
USE OF DRUGS AND ~~BANNED~~ PRACTICES
INTENDED TO INCREASE ATHLETIC PERFORMANCE

B E F O R E:

THE HONOURABLE MR. JUSTICE CHARLES LEONARD DUBIN

HEARING HELD AT 1235 BAY STREET,
2nd FLOOR, TORONTO, ONTARIO,
ON MONDAY, MARCH 13, 1989

VOLUME 27

NETWORK COURT REPORTING

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(i)

C O U N S E L:

ROBERT ARMSTRONG, Q.C. MS. K. CHOWN	on behalf of the Commission
A. PRATT	on behalf of Charles Francis
D. O'CONNOR G. PINHEIRO	on behalf of Angella Issajenko
E. FUTERMAN L.M. LIPKUS	on behalf of Ben Johnson
MR. SOOKRAM MR. LEVINE	on behalf of Dr. M. G. Astaphan
THOMAS C. BARBER	on behalf of the Sport Medicine Council of Canada
MR. SOJONKY MR. DePENCIER	on behalf of the Government of Canada
M. NAN	on behalf of the College of Physicians and Surgeons of Ontario
O. SORENSEN	on behalf of Sport Canada
ROGER BOURQUE	on behalf of the Canadian Track and Field Association
R. McCREATH, Q.C. D. MANN	on behalf of the Canadian Olympic Association
C. ASHBY MS. S. HICKLING	on behalf of Bishop Dolegiewicz
O. SALA	on behalf of D. Steen
L. SOSNOSKI	on behalf of Waldemar Matuszewski

(ii)

I N D E X O F W I T N E S S E S

NAME PAGE NO.

ANGELLA ISSAJENKO, Sworn 4584

Examination by Mr. Armstrong 4584

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THE COMMISSIONER: Yes, Mr. Armstrong?

MR. ARMSTRONG: Yes, Mr. Sosnoski is here and wishes to address you, sir, on the question of standing.

5 THE COMMISSIONER: Morning, Mr. Sosnoski.

MR. SOSNOSKI: Morning, Mr. Commissioner.

My name is Les Sosnoski. I'm here with Mr. Michael Czuma of the law firm of Henderson and Sinclair. We are representing Mr. Matuszewski who would like to apply for
10 standing for myself and Mr. Czuma.

THE COMMISSIONER: At the moment there is no need of it but if something arises, we will discuss it later this morning.

MR. SOSNOSKI: Thank you very much.

15 THE COMMISSIONER: Mr. Armstrong?

MR. ARMSTRONG: Yes, Mr. Commissioner. As indicated on Friday, our next witness is Angella Issajenko and Ms. Issajenko is now here, if I could now call her?

20

ANGELLA MARIE ISSAJENKO: Sworn

THE COMMISSIONER: Be seated then.

MR. O'CONNOR: Mr. Commissioner, just before
25 the witness has begun to be examined, I believe the record

will show that Ms. Issajenko has cooperated with the Inquiry and, indeed, I'm sure she'll continue to do so.

She does wish to invoke the protection under the Ontario and Canada Evidence Act and in furtherance of that, she's required to object on the basis set out in those Evidence Acts to answering the questions recognizing that she will answer them and she simply invokes the protection of those Acts.

THE COMMISSIONER: Thank you, Mr. O'Connor. I don't think it is any longer necessary to seek that protection. In any event, I will direct her to answer the questions.

MR. O'CONNOR: Thank you.

THE COMMISSIONER: Assuming she's directed to answer each and every question and I direct her to answer anyways so the law will then cover it. Thank you.

THE COMMISSIONER: Mr. Armstrong?

MR. ARMSTRONG:

Q. Ms. Issajenko, first of all, I'm going to ask you some questions about your background and then some questions about your athletic career.

First of all, to get it right on the record, you were born on September 28th, 1958 in Jamaica, is that correct?

A. That's correct.

Q. And I understand for the next 16 years or a little more you lived in Jamaica and attended school in Jamaica?

A. Yes, I did.

5 Q. And I understand, although not in a very serious way, you began your running career in Jamaica where you ran in the local high school before coming to Canada?

A. Yes, I did.

10 Q. And then I understand in -- was it January of 1975 that you moved to Canada?

A. Yes, I did.

Q. And came with your family?

A. I came alone. My mother -- my parents
15 were already here.

Q. Oh, I see, right. And then you attended high school in Toronto first attending the Western Technical High School in Toronto?

A. Yes, I did.

20 Q. And again at the Western Technical High School, you participated on the track team there the first season?

A. Yes, I did.

Q. And then in the fall of 1975, you
25 attended Parkdale Collegiate from which you eventually

graduated with your Grade 13 diploma?

A. Yes, I did.

Q. At Parkdale Collegiate you were a member of the track team and in 1976 you won the OFSSA, the Ontario Federation of Secondary Schools Athletic Association, 100 metres? That's the Ontario 100 metre championship for high school, is that correct?

A. Yes, I did.

Q. Thank you. Then I wanted to take a moment, as I indicated, to go through your track career and I understand that after your initial high school success in Toronto in 1976 you began training with a number of athletes down at the CNE in the Swine Pavillion, the building that's affectionately known as the Pig Palace, is that so?

A. Yes, that's so.

Q. And it was there that apparently one day you ran on one of the boy's 4 x 400 relay teams and ran the 400 metres in 61 seconds, is that so?

A. That's so.

Q. And at that time you came to the attention of a coach by the name of Peter Cross, a person whom we've heard some evidence about, who at that time was associated with the Scarborough Optomist Track and Field Club?

A. Yes, I did.

Q. And was it he then who suggested that you might take track a little more seriously and indeed join the Scarborough Optomist Track and Field Club?

5 A. He told me to come out the following Monday and I don't know why he thought I would be good because 61 seconds for the 400 metres is not particularly good. But I came out anyways and I was a bit disappointed because I thought that he would be the coach and he
10 introduced me to Charlie Francis.

Q. And are you then, like Ben Johnson, that you became -- that Charlie Francis became your first and only coach, really?

A. Yes.

15 Q. Although in fairness, I guess you'd had some high school coaching before?

A. I worked with a phys. ed. teacher by the name of Mike Harlock at Parkdale Collegiate.

Q. Of course, Parkdale Collegiate is well
20 known as one of the high school track powers certainly at that time?

A. Yes.

Q. In any event, early on then, in what year was it that Charlie Francis became your coach to your
25 initial disappointment?

A. January of 1978.

Q. And at that time was Desai Williams
with the Scarborough Optomist group under Charlie Francis?

A. Yes, he was.

5 Q. Similarly, Mark McKoy?

A. Yes, he was.

Q. And was a runner by the name of Eddie
Johnson?

A. Yes, he was.

10 Q. And his younger brother, Ben?

A. I don't remember Ben in 1978.

Q. All right. Then in 1978 you indeed
participated in the Canadian National Championships and
won both the 100 metres and 200 metres, is that right?

15 A. No, no.

Q. I'm sorry. Okay.

A. I did not make the final in the 100
metres. I ran 12.07 and I was second in the 200 metres.

20 Q. Then it's from 1979 on that, in fact,
you'd never lost the Canadian National Championship when
you ran in it, in either the 100 or 200?

A. Yes.

Q. And there was the Commonwealth Games in
1978. Did you make the Canadian Commonwealth Games team?

25 A. For the 200 metres, yes.

Q. And that obviously was quite something to have made the Commonwealth Games team and you ran in the 200 metres and, however, didn't make it past the first round?

5 A. That's correct.

Q. All right. Then let's go to the 1979 season. That year you participated in track meets both in Italy and Belgium, is that correct?

A. And also a dual meet with the DDR.

10 Q. In Germany. And then you also ran for Canada in the Pan American Games in Puerto Rico?

A. Yes, I did.

Q. And you won the bronze medal in the 100 metres and the silver medal in the 200 metres?

15 A. Yes, I did.

Q. And then a significant event that year was the World Cup in Montreal and did you participate in that World Cup meet in Montreal?

20 A. Yes, I did. I represented the Americas team.

Q. And how did you do in...

A. I was fifth in both events.

Q. Fifth in both the 100 and 200?

A. And the 200 metres, yes.

25 Q. All right. And then we've heard that

the Track and Field News fixes world rankings in track and field each year and at the end of the 1979 season, had you received a world ranking from the Track and Field News?

A. Yes, I did.

5 Q. And what was your world ranking in the 100 at the end of '79?

A. I was arranged 7th in the world.

THE COMMISSIONER: I'm sorry, I didn't hear the answer? I didn't hear that, I'm sorry.

10 THE WITNESS: I was ranked 7th in the world.

THE COMMISSIONER: 7th. Thank you.

MR. ARMSTRONG:

15 Q. And did you have a ranking in the 200 metres?

A. I think I might have been 10th.

20 Q. And in the 1980 season, if we could move along to it and capture some of the highlights, am I right -- I have a note here and sometimes my notes are wrong, I hope they aren't but I've got a note that in the 1980 indoor season you broke virtually every single indoor record in Canada that each?

A. Yes, I did.

25 Q. All right. And you achieved world

records in the 50 yards, 50 metres and 200 and 300 metres?

A. Not 50 yards.

Q. Not 50 yards?

A. At that time they called them world
5 best performance.

Q. And that was an Olympic year but that
was the Moscow Olympics and regrettably you and the other
Canadians didn't go to the Olympics that year but we've
heard there was some alternate meets in Stuttgart, West
10 Germany and Philadelphia, United States. Did you go to
Stuttgart?

A. Yes, I did.

Q. How did you do that?

A. I won the 200 metres.

15 Q. And did you go to Philadelphia?

A. Yes, I did.

Q. And how did you do there?

A. I also won the 200 metres.

Q. All right. And then you also went to a
20 meet in Rome in August and how did you do in Rome, do you
remember?

A. I also won the 100 metres.

Q. All right. And then on August the 13th
of 1980, you went to the premier meet in Zurich, came
25 second in the 100 and third in the 200 metres?

A. Yes, I did.

Q. Then looking at the 1980 rankings, do you remember where you stood in the 100 metres at the end of the year?

5 A. I was ranked 5th in the world in the 100 metres.

Q. 200 metres?

A. Seventh.

10 Q. And indeed, in 1980, you were named the Canadian female athlete of the year, is that correct?

A. At the amateur level, yes.

Q. I'm sorry?

A. Amateur.

15 Q. All right. Then going to the 1981 season, again my note indicates that you had an excellent indoor season and again do you break any records in 1981? Yes, it looks like you set a Canadian record for the 400 metres, Canadian record ---

A. Indoors.

20 Q. Indoors. Canadian record for the 50 yards?

A. Yes, I did.

Q. Canadian record in the 50 metres?

A. Yes, I did.

25 Q. And a Canadian record in the 200 metres

outdoors, right?

A. And also the 100 metres outdoors.

Q. And then as usual, in case I forget it we can take it as read, that you won the national
5 championships in both the 100 metres and 200 metres?

A. Yes, I did.

Q. All right. And again, that year you participated in the 4 x 100 relay, the -- and set a Canadian record and apparently the 4 x 200 metre relay and
10 set a Canadian record?

A. Yes, I did.

Q. And then in 1981 in the World Cup, you finished 4th in both the 100 metres and 200 metres?

A. Yes, I did.

Q. Is that correct? And then again, do you remember what your world rankings were at the end of
15 1981 in the 100 and 200 metres?

A. I was 7th in the world in the 100. I don't remember the 200 metres.

Q. All right. My note, which may be wrong, has got you 4th in the world in both the 100 and
20 200 and perhaps it's only the 200?

A. Not in 1981, no.

Q. In 1982, that was another good year in
25 Canada where I believe you won virtually every race you

entered in Canada that year, is that so?

A. Yes, I did.

THE COMMISSIONER: Were you attending school, as well, during that period of time.

5 THE WITNESS: In the fall of 1980, I enrolled in York University.

THE COMMISSIONER: The fall of 1980?

THE WITNESS: Yes, I did.

10 MR. ARMSTRONG:

Q. Let's just follow that up. How long -- you presumably took courses at the same time that year you were training so were you able to take a full course load?

15 A. No, I wasn't. The idea was that we'd do three courses a year because there was no rush to finish school, so we'd do three courses a year and throughout your career, I guess in 8, 9, 10 years, we'd eventually finish.

20 Q. So presumably, you still have a little bit to go yet before you finish that and indeed at some point you dropped out of York and devoted yourself full-time to athletics?

A. I dropped out in the winter of 1982.

Q. Yes?

25 A. Partly because I had pulled my calf

muscle two times and I couldn't walk. I had trouble walking and it was difficult to go so I just didn't go back.

5 Q. Then in 1982 you again were in Europe where you had a good season including winning the 100 metres at a meet in Milan?

A. Yes, I did.

10 Q. And then 1982 was the Commonwealth Games in Brisbane, Australia where you won a gold medal in the 100 metres, the bronze medal in the 200 metres, the silver medal in the 4 x 100 and running the anchor on the 4 x 400 you won the gold medal?

A. Yes, I did.

15 Q. All right. And indeed, we should note also that in the 100 metres in the Commonwealth Games you set both Canadian and Commonwealth records, is that right?

A. Yes, I did.

20 Q. All right. And again, in 1982 you were named the Canadian female amateur Athlete of the Year and you were ranked 4th in the world in the 100 metres by the Track and Field News.

25

A. Yes, I was.

Q. Then 1983 and 1984, as I understand it, Ms. Issajenko, were kind of tough years for you because you were plagued by leg injuries particularly related to your thigh area and the hamstring, is that so?

A. I had a sciatic nerve irritation that I couldn't get rid of.

Q. Nevertheless, as usual in 1983, you won the national championships both the 100 and 200 meters; you also attended the World Championships in Helsinki where you made the finals in the 100 meters and finished seventh?

A. Yes, I did.

Q. All right. Then going to '84, you were still plagued by the leg injury. And again, was it the sciatic nerve problem?

A. Yes, it was but by now I had found a way to keep it under control.

Q. All right. And again in '84, you were the 100 meter, 200 meter Canadian champion at the national championships, correct?

A. Yes, I was.

Q. That was the Olympic year, of course, and you were a member of the Canadian Olympic team and ran in the 100 meters, did you?

A. Yes, I did.

Q. How did you do in the 100 meters?

A. I was eighth, but I had had a slight strain in the semifinals of the 100 meters.

5 Q. All right. In any event, you made the final of the 100 meters?

A. Yes, I did.

Q. And you won the silver medal in the 4 X 100 relay in the Los Angeles Games?

A. Yes, I did.

10 Q. And then for very good reason you were out during 1985 because you were expecting the birth of your daughter, Sasha?

A. Yes, I did.

Q. Who was born when?

15 A. September 1st, 1985.

Q. However, you weren't forgotten outside of the family in 1985, because in that year you were awarded the Order of Canada?

A. Yes, I was.

20 Q. Then you came back in 1986 to resume your track career. Again, the highlights being the reassertion of yourself as the Canadian national champion in both the 100 meters and 200 meters. And again, you represented Canada in the Commonwealth Games?

25 A. Yes, I did.

Q. And looking at your performance in the Commonwealth Games, you took the bronze in the 100 meters, the gold medal in the 200 meters, and the silver medal in the 4 X 100 relay?

5 A. Yes, I did. I might also point out that it was at this stage that Charlie switched a lot of us over to Ben Johnson's program.

Q. All right. And we will deal with that in some detail when we go through your training program, but
10 it, of course, is useful to note at that point.

Then covering again the highlights of 1987, this appears to be a particularly good year and perhaps maybe your best year, is it, 1987?

A. Yes, it was.

15 Q. And to what extent do you attribute that to the fact that you were on the Ben Johnson program?

A. I was -- I did not have the range I had had in previous years because I could run anything from the 50 yards up to 600 meters, 800 if necessary.

20 Q. Yes.

A. But Charlie -- I guess because I -- there was no time to prepare for the Commonwealth Games, Charlie decided it was best in '86 to concentrate only on the short runs.

25 Q. All right.

A. So, therefore, I became a specialist in the 100 meters only.

Q. All right. Then looking at 1987, you set a world record in 50 meters; is that correct?

5 A. Indoors, yes, I did.

Q. Indoors?

A. Yes.

Q. And, of course, that inclined a Canadian record. You set a new world Canadian record in 60 meters?

10 A. I did five times that winter.

Q. You broke the 60 meter record or put it another way, set the 60 meter record in Canada five times?

A. That winter, yes, I did.

Q. Then you placed second in the world indoor championships finishing in the 60 meters in a dead heat. And I am not sure, is that the race that Charlie Francis testified to where in the photo finish somebody got their shoulder blade in ahead of you?

15

A. Yes.

Q. And in any event, in that dead heat both you and the winner were timed in the identical time of 7.08 and you set a new Canadian record for the 60 meters that race --

20

A. Yes, I did.

25 Q. -- as you indicated. All right. And

then on August the 15th, in Cologne, you set a new Canadian record for the 100 meters running in 10.97?

A. Yes, I did.

Q. And then in Zurich at the premier meet,
5 you ran 11:03 running into a headwind. And to finish out the season in August you ran in the outdoor world championships in Rome and placed fifth?

A. Yes, I did.

Q. All right. And then at the end of 1987,
10 your world ranking in the 100 meters where you were now specializing was fourth?

A. Fourth, yes, I was.

MR. ARMSTRONG: All right. And I am going to deal with 1988 when we deal with other matters.

15 It might be useful here - you, sir, have a copy of the CV that I have been referring to, if we could have that marked as the next Exhibit.

THE COMMISSIONER: Thank you.

THE REGISTRAR: 121, Commissioner.

20 THE COMMISSIONER: It's not exactly the same as what the witness has said, you know.

MR. ARMSTRONG: I know. It --

THE COMMISSIONER: So we will mark it subject to the clarification of the witness.

25 MR. ARMSTRONG: All right.

--- EXHIBIT NO. 121: CV of Angella Issajenko.

MR. ARMSTRONG:

5 Q. Now, Ms. Issajenko, I want to take you
back to your career to about 1979. And at that time, as an
athlete, if you can put your mind back ten years, were you
as an athlete hearing any talk or participating in any
discussions concerning the use of performance enhancing
10 drugs by track and field athletes?

A. Yes, I was.

Q. And can you just tell us about that, what
sorts of things in general were you hearing as to the use of
drugs in track and field?

15 A. Most of my discussions were with Charlie
Francis, of course. And a lot of times you go to track
meets and you hear rumors about people that are on drugs,
because it seemed what it -- what it took to start rumors
were the fact that people were doing well. People were
20 running fast times, and as soon as anybody ran an outrageous
time, then people would assume that they are on anabolics.

Q. Yes. And did you yourself come to any
opinion as to whether indeed other competitors in the
sprints, for example, were on anabolic steroids?

25 A. Well, it really started out that when I

went to the dual meet with the DDR, for the first time in my life I had seen Marlies Goehr who held the world record of 10.88; there was Marita Koch, who had just broken the world record at 21.71; and here I was running 11.69 in this meet.

5 I saw these people and I wanted to be like them. I wanted to be just as fast as they were.

Q. Yes.

A. And especially going there, running 11.69, all these people were running world class times, and

10 in that one meet in DDR there was three world records broken that day.

And I remember we even ran a 4 X 1, it was the Canadian senior team, the senior team from the DDR, and the DDR junior team. And it was so embarrassing because the

15 junior team from the DDR beat the Canadian senior team.

By the time I got to the World Cup in Montreal, I placed fifth in both events which I think was good for the fact that this was my first season in track and field. And I was written up in the newspapers as a major

20 dissappointment. And here I was, gone that far in one season, and they expected me to beat Evelyn Ashford who had just rose to prominence; Marlies Goehr, the world record holder of the 100 meters; Anagrit Richter, the Olympic champion from FRG from 1976. And, of course, at that moment

25 I decided in Montreal that being the Canadian championship

was not good enough, it didn't mean anything and that the next year I should go out there and get the world.

Q. Yes.

A. And I thought at that point that the way
5 a lot of these people who were running these outrageous times were through the use of anabolics.

THE COMMISSIONER: Who described it as a major disappointment?

THE WITNESS: The Toronto -- George Gross from
10 the Toronto Sun.

THE COMMISSIONER: I don't mean --

MR. ARMSTRONG: We have got Mr. Parrish here, maybe we can call him up to explain that.

THE COMMISSIONER: That was the impression
15 that the media gave the public as to your performance?

THE WITNESS: Yes, sir, and I thought it was very unfair because I was just -- it was my first full season in sport. And I could not -- there was no way I could beat the world champions.

20 THE COMMISSIONER: I understand. Okay.

MR. ARMSTRONG:

Q. All right. Well, as a result of thinking about where you wanted to be and as a result of
25 your assessment as to what others might be doing, did you

then begin to turn your own mind to using drugs yourself?

A. Yes, I did. And one of the factors is because I thought if I could get to be ranked seventh in the world in my first season in track and field, then obviously
5 I had the potential to be the best in the world. In the Olympics, the next year is 1980, the Olympic games was coming up, and I thought if I went on an anabolic program that this would give me the extra edge I needed.

Q. Now, Mr. Francis has testified that he
10 participated in discussions with you about your decision to go on anabolic steroids. And I take it from what you have said a moment ago, that indeed you did have such discussions with Mr. Francis?

A. Yes, I did.

15 Q. He has also testified, Ms. Issajenko, that at some point in time he went to your doctor, who at the time was also his own doctor, to have a discussion about the possibility of your going on anabolic steroids. Do you remember doing that?

20 A. Yes, we did.

MR. ARMSTRONG: All right. And we, Mr. Commissioner, are going to call that physician as a witness, so I don't think it's necessary to use his name. And we will just refer to him without referring to his name.

25

MR. ARMSTRONG:

Q. But, the evidence will be, Ms. Issajenko,
from his records that we have that you initially saw Dr.
Koch on April -- if there is any question about my stupidity
5 it has --

THE COMMISSIONER: Doctor K. Well, let's
carry on, and we will have to do better next question.

MR. ARMSTRONG: Maybe we will adjourn until
Tuesday.

10 THE COMMISSIONER: I just want to know, was
Mr. Francis with you at this visit when you spoke to the
doctor?

THE WITNESS: Yes, sir.

THE COMMISSIONER: So, you both went
15 together. Thank you.

MR. ARMSTRONG:

Q. All right. In any event, you first saw
this physician on April the 3rd. And then at that time,
20 there certainly is no indication that any anabolic steroids
were prescribed or administered, and does that accord with
your recollection?

A. Yes, it does.

Q. All right. And I expect there will be
25 some evidence that you saw him later that spring on June the

19th, 1979 --

THE COMMISSIONER: What was the discussion about, I am not sure we heard about it.

MR. ARMSTRONG: I am going to come back to that.

MR. ARMSTRONG:

Q. On June the 19th, 1979, and indeed a drug was administered at that time. Do you know what that drug was?

A. 200 milligrams of Depo-Testosterone.

Q. All right. And then to your recollection, was that injection of Depo-Testosterone, which we now know from the evidence to be an anabolic steroid, I assume; you understood it to be an anabolic steroid, did you?

A. Yes, I did.

Q. Did that have anything to do with your desire to go on an anabolic program related to athletic performance?

A. Not at that time. We weren't thinking about athletic performance because it was in the middle of the season and it would be of no help.

Q. And indeed the evidence will be that it was administered to you in relation to some other condition?

A. Yes, it was.

Q. All right. And indeed, I don't intend to get too personal here in terms of your own health record, but just to take any mystery out of it, apparently at that time you believed and I expect the doctor will testify that related to a low hemoglobin level found --

A. He thought it would increase my hemoglobin level, and also he thought it would combat some of the stress I had suffered from the European tour.

10

15

20

25

Q. All right. Now, in these two meetings that you had with him, the two appointments, the one on April the 3rd, the one on June the 19th, 1979, was there any particular discussion up to that time about the use of anabolic steroids related to athletic performance?

A. No, not at that time, not in the summer.

Q. Then, the evidence will be, and indeed we have a record, that you saw this doctor on September the 24th, 1979, and at that time he prescribed another drug for you?

A. Yes, he did.

Q. And what did he prescribe?

A. Dianabol.

Q. Now, we've heard some evidence about Dianabol, and we've heard that it was an anabolic steroid used by athletes in regard to athletic performance. What discussion, if any, at that time in September 1979, did you have with the doctor about his prescribing the Dianabol?

A. I really can't remember. I have it in my diary written down that he, I started, the date when I started the drug, but I cannot tell you the exact date when we discussed the use of Dianabol.

Q. All right. Well, do you remember at any time discussing the use of Dianabol with the doctor?

A. It would have been at the date, the date that he prescribed the drug. It was also on that date I remember getting a C.P.S. from him.

Q. Yes. And a C.P.S. is the "Compendium of
5 Pharmaceuticals and Specialties," which is a book that is published each year containing a whole host of information concerning drugs that are available in Canada?

A. Yes.

Q. And, indeed, you were kind enough to
10 bring today your own copy of this C.P.S., which is the 1978 copy?

A. Yes, it is.

Q. All right. And he provided you with a
copy, with this copy?

A. Yes, he did.

Q. Well, leaving aside the date for a
moment and recognizing you can't remember the date that
you first discussed Dianabol with this doctor, can you
remember what discussion you did have with him about
20 Dianabol?

A. Well, Charlie and I went and I expressed
that I wanted to start a program of anabolics, and, of
course, we had nobody else to go to and get a prescription
for it. And the fact that he had given me the 200
25 milligrams of Depo-Testosterone in the summer, then it was

likely that he would be the one who would prescribe the Dianabol.

Q. And I realize it's now nearly ten years ago. Do you now have any recollection yourself about whether or not there was discussion about the side effects of Dianabol?

A. Yes, there was, and that was also the point why I had the, why he gave me the C.P.S., so whatever drug or whatever other medication was prescribed, I could look it up and see the adverse effects.

Q. Now, quite apart from whatever the C.P.S. may say about Dianabol, what, if anything, do you remember his telling you about the side effects of it?

A. He was not terribly concerned because the prescription was for 5 milligrams per day, which is the medically-prescribed dosage for Dianabol, and he felt that in that low dosage there wouldn't be any side effects.

Q. All right. Then was there any discussion with the doctor at that time about whether or not indeed Dianabol was a drug that would assist or help you in performing at a better level in your track career?

A. I certainly believed it would. He was not quite sure.

Q. All right. Then before I go on to ask

you about the taking of the Dianabol, you have mentioned the fact that you had a diary, and, indeed, did you through the course of your training and athletic career keep a diary?

5 A. Yes, I did.

Q. And did you almost religiously day-by-day record in your diary what you did each day in terms of training?

10 A. Also in terms of the drugs I took and the dosages.

Q. And sometimes there are references in your diary as to your own feelings about your health and visits to physicians and so on; is that so?

A. That's correct.

15 THE COMMISSIONER: This is a personal diary? Did it sort of cover your day's activities?

A. Yes, sir.

THE COMMISSIONER: In other matters as well as these?

20

MR. ARMSTRONG:

25 Q. Yes, and I was just going on to point that out that, indeed, apart from your drug use that may have existed at the time, apart from your training, it contains personal references to you and your family?

A. Yes, it does.

MR. ARMSTRONG: Now, Mr. Commissioner, Ms. Issajenko has before her certain excerpts from the diary that are relevant to some of the matters that I wish to
5 question her on. And I, of course, have a copy of it and we have a copy for you. I know Mr. O'Connor may wish to have something to say about this, but we are satisfied, having reviewed this diary, that even the training schedule and other matters relevant to your concerns in
10 considering your mandate are really personal to Ms. Issajenko.

Now, there are some exceptions to that, and where there are exceptions, we have made the information known to the lawyers who may be affected. But, in my view
15 as counsel to you, sir, it would be inappropriate to have this diary distributed in any way.

THE COMMISSIONER: I certainly agree. There's no need for that at all. It will not be made an exhibit. We'll put on the record those portions which are
20 relevant to the inquiry only. The diary will not be an exhibit. It's a personal diary, and those matters which are not relevant in it should not be part of the public record.

MR. ARMSTRONG:

Q. All right. Now, Ms. --

MR. LEVINE: Excuse me, sir, if I could make some comment about the diary, I wonder if the witness could say whether it was on a daily basis or when she made her entries, how long after the events?

THE COMMISSIONER: Mr. Armstrong will cover that.

MR. LEVINE: Thank you.

MR. ARMSTRONG:

Q. I'll ask you that right now to get rid of it. What was your practice so far as making entries in the diary is concerned? When did you generally make them?

A. At the end of each day.

Q. All right. Then just to start off, there is an entry in your diary on Tuesday, April 3rd, 1979, and if you'd just go back to the very first page of -- have you got that?

A. Yes.

Q. And, indeed, it says, "Blood test taken." And that, I take it, is the first trip to the doctor whose name I've been so good at withholding here?

A. Yes, it was.

Q. And then could I just take you to an entry on -- give me a moment, please. I lost my note. On

September -- sorry, October the 4th, which is the next entry in the diary, and in the bottom left-hand corner, Ms. Issajenko, there's a note that's written on kind of an angle, and could you just read that note for the Commissioner, please?

A. It says, "Through to November 18th, six weeks."

Q. All right. And that's --

THE COMMISSIONER: What does that refer to?

Q. It's indicated on Thursday, October the 4th, what --

MR. ARMSTRONG: I'm sorry, sir?

THE COMMISSIONER: October the 3rd, right?

MR. ARMSTRONG: October the 4th.

THE COMMISSIONER: October the 4th.

MR. ARMSTRONG: Bottom of the page.

THE COMMISSIONER: Yes, I see that. But whether that note refers to the 4th or the 3rd, I can't tell. "Follow through to November 18th." What's that, six something?

MR. ARMSTRONG: Six weeks.

MR. ARMSTRONG:

Q. And can you tell the Commissioner what that refers to?

A. It means that I started the 5 milligrams per day of Dianabol on this day, and it was a six-week cycle. I would finish on the 18th of November.

THE COMMISSIONER: Thank you.

5

MR. ARMSTRONG:

Q. And, indeed, just to show how this works, if we --

THE COMMISSIONER: Excuse me. At that time, you were taking -- this was a pill form? Was it a pill?

A. Yes, sir.

THE COMMISSIONER: And did you get this from the doctor?

A. Yes, sir.

THE COMMISSIONER: Enough pills for six weeks or more?

A. It was -- it came in a bottle with 100.

THE COMMISSIONER: I see.

MR. ARMSTRONG:

Q. If I might just -- and the pills, what colour are they?

A. I think they might have been pink this time because this was made by Servier-Geigy.

Q. And then if we go to an entry on

November the 18th, 1979, you've got a note in capital letters and brackets, "OFF." Does that indicate--

A. That meant the last day I took the pill, 5 milligrams.

5 Q. Now, I take it that when you went on this cycle of Dianabol that, as already indicated from some of the evidence that we heard, you were taking this during the course of the fall training season in 1979 leading up to get ready for the 1980 indoor/outdoor, indoor season?

10 A. Yes, this cycle was in preparation for the indoor season.

Q. Now, can I just ask you some questions about the effect of Dianabol. How, first of all, did it seem to affect you personally? Did you notice any changes in your body?

A. I gained six pounds.

Q. Yes?

A. Yes. And, of course, I started gaining a lot more muscle.

20 Q. And what did it appear to do to your athletic capabilities at that time? Were you in a position yet to make any assessment of that?

A. No, no, I wasn't. It probably -- it could have been -- I was very aggressive, and it could

have been a placebo effect, you know, the fact that I knew I had just started an anabolic and I expected it to do great things. So I can't say for sure that it, you know, the aggressiveness I felt which enabled me to train much harder and to carry out my workouts at a better level was attributed to the Dianabol itself or the fact that, because I knew I was having an aid.

Q. I understand.

A. Why I felt like that.

Q. Okay, thank you. Now, could I take you to the following year in your diary and to May of 1980 and, in particular, an entry for Monday the 26th, it looks like, at the bottom of the page.

MR. ARMSTRONG: Are you with me, sir?

THE COMMISSIONER: Yes, I am, thank you.

MR. ARMSTRONG:

Q. And in the left-hand column at the bottom of the page, under Monday the 26th, there is a reference "5 and 10." Is that what that is?

A. Yes. I began alternating 5 and 10 milligrams of Dianabol on this date.

THE COMMISSIONER: By the day or by the week?

A. By the day. For example, Monday I would

take five. Tuesday I would take ten, then go back to five.

THE COMMISSIONER: Thank you.

5 MR. ARMSTRONG:

Q. So you then, beginning that cycle of alternating, do you recall how long that cycle went? It looks like it goes for the entire month --

10 THE COMMISSIONER: Wednesday the 28th says "5 only." Is that it?

A. Yes. On Wednesday the 28th, November, on 5 milligrams per day. And at that time there were no doping control at the National Championships, so I went through the meet on the anabolics.

15 Q. And do you recall now when the National Championships would have been?

A. June 13th to 15th.

20 Q. All right. And then, staying again with the 1980 year, if I could take you to an entry in June and, in particular, June the 9th, and you'll see a notation, "Going to see a doctor"?

A. Yes.

MR. ARMSTRONG: Are you with me, sir?

THE COMMISSIONER: Yes.

25 MR. ARMSTRONG: It's June 9th. It says June

1980. It's the first entry in June 1980.

THE COMMISSIONER: Yes.

MR. ARMSTRONG: June 1980, it says "Monday
the 9th."

5 THE COMMISSIONER: Yes.

MR. ARMSTRONG:

Q. It says, "Going to see doctor."

A. Yes.

10 Q. And then there's a name, and then it
says, "30 mg T," with a capital T. What does that refer
to?

A. Thirty milligrams of testosterone.

15 Q. What was the reason for taking
testosterone at that time?

A. This was an aid for training.

THE COMMISSIONER: That's still the same
doctor?

A. Yes, sir.

20 THE COMMISSIONER: Thank you. You may
proceed.

MR. ARMSTRONG:

25 Q. All right. Then there -- indeed, we
don't have the excerpts from your diary, but in 1980,

there is, on July the 7th, there is 30 milligrams of testosterone, or, sorry, 150 milligrams of testosterone, and on July the 30th, there is another 75 milligrams of testosterone. Does that accord with your recollection?

5 A. Yes, it does.

 Q. And we'll be entering that evidence from the doctor, but, again, do you recollect on those two subsequent occasions in July of 1980 receiving testosterone from a doctor in Toronto?

10 A. Yes, I do.

 Q. And what was the purpose of receiving those?

 A. An aid to training.

 Q. All right. And can I ask you this?
15 What effect, if any, did the injections of testosterone appear to have on you personally?

 A. I suppose because this is what they term a pure male hormone, in that sense, that it makes one very aggressive.

20 Q. Yes. And did it appear to make you aggressive?

25

1 A Yes.

2 Q. All right. Then I want to take you to
3 December of 1980 in your diary and on December of 1980,
4 Monday the 8th, there is a reference in the very first
5 page of December of 1980 and you, again in the left-hand
6 margin, have a reference 5 and 10. What does that refer
7 to, Ms. Issajenko?

8 A. It again means that I was alternating 5
9 and 10 milligrams per day.

10 Q. Of what drug?

11 A. Dianabol.

12 THE COMMISSIONER: What are all those X's
13 underneath the 5 and 10, do you know?

14 THE WITNESS: That meant the days that I
15 would take them.

16 THE COMMISSIONER: I see.

17

18 MR. ARMSTRONG:

19 Q. And then again in December of 1980, you
20 would have been taking the drug for the purpose of the
21 training period leading up to the indoor season?

22 A. Yes, I was.

23 Q. And indeed, if we go forward to January
24 the 15th, 1981, there is a reference in the diary which
25 says "Stop" which would have indicated the point in time,

1 I take it, at which ---

2 A. That cycle ended.

3 Q. That cycle ended?

4 A. Yes.

5 Q. Then during the -- I don't propose, Mr.
6 Commissioner, to go through every page of this diary and
7 to the extent that you, sir, are interested in any
8 particular entry, we can double back. There are some
9 entries further on that I do want to be spend some time
10 with.

11 But, in any event, the diary would indicate,
12 I believe Ms. Issajenko, that during the spring of 1981
13 there are further cycles of Dianabol. Is that not so?

14 A. Yes, that's so.

15 Q. Then I wanted to take you to an entry
16 on May the 30th, 1981, if I could, and do you know, Ms.
17 Issajenko, where you were on May the 30th, 1981?

18 A. Oh, I was in Furth.

19 Q. In Furth, West Germany?

20 A. In West Germany, yes.

21 Q. And in your diary for Saturday May
22 30th, there is a reference in the left-hand column, ANA
23 and then there is a reference, "5 mg. plus 5 mg. DI". Can
24 you just tell the Commissioner what that refers to?

25 A. It refers to 5 milligrams of Anavar and

1 5 milligrams of Dianabol.

2 Q. Now, the Anavar, we've heard from Mr.
3 Francis, is an anabolic steroid and I take it that was an
4 anabolic steroid that you were getting?

5 A. Yes, it was.

6 Q. That was the first time you had taken
7 Anavar?

8 A. Yes.

9 Q. And from whom did you get the Anavar?

10 A. Brian Oldfield.

11 Q. And who is Brian Oldfield?

12 A. He was one of the best shotputters in
13 the United States.

14 Q. And was he at this track meet in Furth,
15 West Germany?

16 A. Yes, he was.

17 Q. And indeed he, at a particular time,
18 held the world record in the shot put, is that not so?

19 A. Yes. I think he had set it during the
20 pro circuit. It was never recognized.

21 Q. Oh, I see. In any event, how did it
22 come about that he gave you the 5 milligrams of Anavar?

23 A. Because it's normal that whenever there
24 was a thrower around, one assumed that the thrower is
25 always on steroids. So Charlie and I went and spoke to

1 him. Charlie had known him for years and we spoke to him.
2 And, of course, he had Anavar on him and some other
3 injectable anabolics.

4 Q. Now, did -- when you were at this meet
5 on May the 30th, 1981, did you actually take the Dianabol
6 and the Anavar at that time?

7 A. Yes, I did because there was no doping
8 control in any of the European meets at this time.

9 THE COMMISSIONER: Was that on a cycle or
10 were you stacking the two?

11 THE WITNESS: I probably had run out of --
12 I didn't have enough Dianabol to go the 5 and 10 so I was
13 doing the 5 milligram of Dianabol and then I asked
14 Oldfield for some Anavar which would make up the
15 difference.

16 THE COMMISSIONER: Thank you.

17
18 MR. ARMSTRONG:

19 Q. Sorry, you asked Oldfield for Dianabol
20 or for ---

21 A. For Anavar, I'm sorry.

22 THE COMMISSIONER: Yes, that's what she
23 said.

1 MR. ARMSTRONG:

2 Q. Then I want to take you to an entry in
3 your diary on June the 5th, 1981 and in your diary where
4 it says Friday the 5th there are some entries there, "B-12
5 shot". Then it says "5 milligrams AN, 10 milligrams D."
6 I take it the 5 milligrams AN refers to Anavar?

7 A. Anavar.

8 Q. 10 milligrams D ---

9 THE COMMISSIONER: I'm sorry, where are you
10 now?

11 MR. ARMSTRONG: I'm sorry, sir?

12 THE COMMISSIONER: There are several notes
13 here. First one "5 milligrams AN" and "10 milligrams D",
14 I see that.

15 MR. ARMSTRONG: Yes.

16 THE COMMISSIONER: Thank you.

17 MR. ARMSTRONG: And the witness has said
18 that that's 5 milligrams Anavar, 10 milligrams Dianabol.

19 THE COMMISSIONER: All right.

20

21 MR. ARMSTRONG:

22 Q. Immediately below that, what are these
23 other references, Ms. Issajenko?

24 A. 150 milligrams of Primobolan plus
25 Deca-Durabolin with testosterone.

1 MR. FUTERMAN: I'm sorry, I couldn't catch
2 that?

3 THE COMMISSIONER: No, I couldn't catch
4 that?

5 THE WITNESS: Oh, sorry. It's 150
6 milligrams of Primobol, Deca-Durabolin and testosterone
7 mixed together. I don't know what was the dosage of each;
8 they're combined together.

9
10 MR. ARMSTRONG:
11 Q. All right. And was this 150 milligrams
12 an injectable mixture?

13 A. Yes, it was.

14 THE COMMISSIONER: Where were you then? I'm
15 not sure where ---

16 MR. ARMSTRONG: I'm just going into that.

17 THE COMMISSIONER: --Ms. Issajenko was in
18 June.

19 MR. ARMSTRONG: Sorry. We're going to go
20 into it, where you were and how you got it and who gave it
21 to you.

22
23 MR. ARMSTRONG:

24 Q. Where were you?

25 A. In Furth.

1 Q. West Germany still?

2 A. Yes.

3 Q. Now, all of this mixture, 150
4 milligrams was an injectable, you said?

5 A. Yes, it was.

6 Q. And who gave you the injection?

7 A. Brian Oldfield.

8 Q. Now, obviously the same Brian Oldfield
9 that you've just identified?

10 A. Yes.

11 Q. Now, was there, at that time, a term
12 called, that you were familiar with or that was used among
13 athletes, called hot shotting?

14 A. Yes.

15 Q. And hot shotting, that was taking a
16 drug at the time of the meet or just before a race, is
17 that it?

18 A. Yes.

19 Q. And was this injection that Brian
20 Oldfield gave you on June the 5th, 1981, was that what is
21 known as a hot shot, at that time?

22 A. No, because the hot shots are usually
23 water based. This was in oil, heavy oil.

24 Q. I see. And again, how did it arise
25 that this injection was given to you by Mr. Oldfield?

1 A. Same as the Anavar. We asked if he had
2 any anabolics.

3 Q. Yes?

4 A. He told us what he had.

5 Q. All right. And the particular mixture
6 that made up the injection, that is the testosterone,
7 Primobolan and Deca-Durabolin?

8 A. Primobolan and Deca-Durabolin.

9 Q. Was that his---

10 A. Concoction.

11 Q. Concoction?

12 A. Yes, it was.

13 Q. And so, presumably, I take it, it was
14 on his advice then that you took that injection?

15 A. I don't want to blame it all on him. I
16 asked for it and he had it and he gave it to me.

17 Q. And what did you expect would be
18 achieved by taking that particular injection?

19 A. They -- the Deca-Durabolin and
20 Primabolan was meant for long-term use because when it's
21 in a heavy oil, it's slowly released in the body and, you
22 know, it takes about three or four weeks to get out. So
23 you -- during competitions or in training for that four
24 week periods, you still have the effects of the drug.

25 And the testosterone itself is sort of an

1 agression drug.

2 Q. Yes?

3 A. So, it sort of makes you more up, gives
4 you more adrenalin for a race.

5 Q. All right. And do you -- now, I
6 realize it's 8 years ago, nearly 8 years. Do you have any
7 particular recollection now as to what effect, if any,
8 that ---

9 THE COMMISSIONER: On her performance, you
10 mean? On her performance?

11
12 MR. ARMSTRONG:

13 Q. That had either on you personally or on
14 your performance, personally?

15 A. A shot on the same day of a competition
16 would not work because it doesn't matter what you inject
17 then, you need the background. You have to have done the
18 work before showing up there.

19 On that meet, it happened that I broke the
20 Canadian record in the 100 metres but I don't think it was
21 attributed to the one shot that I had then. It was
22 attributed to the fact that I worked so hard during the
23 season.

24 Q. Subsequently, however, did you make any
25 particular assessment, although I guess it's almost silly

1 of me to ask you that question from a single shot of
2 whatever this mixture was as to whether or not you made
3 any assessment as to whether it was helpful to you?

4 A. After, I did.

5 Q. Yes?

6 A. Because I realized, after a while, that
7 anabolics were not for competition, they were for
8 training. And in my case, as we'll see further, as I went
9 along, every time that I had had a so-called hot shot
10 before a race, I would end up hurting my hamstring.

11 Q. Well, I'm not clear now, as to -- I
12 think you told me a few moments ago that this however was
13 not a hot shot?

14 A. Well, when we go on further we'll find
15 out the other hot shots.

16 Q. All right. Then the following ---

17 A. Or, excuse me, I should say, the other
18 times when I was on anabolics, that I was -- always ended
19 up hurt. I would always hurt my hamstring.

20 THE COMMISSIONER: That is, you're on them
21 at the time of the race, itself?

22 THE WITNESS: When you're on them, in my
23 case, at the time of the race.

24 THE COMMISSIONER: That's when you pull the
25 hamstring off in which --

1 THE WITNESS: And you're always -- the
2 muscles don't move as freely over each other and you tend
3 to retain water and you tend to be very tired so it's not
4 adviseable to be running on anabolics.

5 THE COMMISSIONER: Thank you.
6

7 MR. ARMSTRONG:

8 Q. Then I notice on this same page of your
9 diary, Ms. Issajenko, there is a reference in the
10 left-hand margin to 15 mg. and then there are four X's.
11 To what does that refers?

12 A. The 15 milligrams would be a
13 combination of Anavar and Dianabol. I'm not sure now if
14 it was 10 milligrams of Dianabol and 5 milligrams or
15 Anavar or vice versa. And the four days meant -- the four
16 X's meant it was for four days.

17 Q. All right. In any event, the Anavar
18 would presumably have been the same Anavar that you had
19 received from Mr. Oldfield?

20 A. Yes, it was.

21 THE COMMISSIONER: I notice on that day, you
22 have a note on here, "Strained my left hamstring".

23 THE WITNESS: That was in a meet in
24 Bratislava.

25 THE COMMISSIONER: Thank you.

1 MR. ARMSTRONG:

2 Q. And while -- just following up on that,
3 would you have come to any conclusion at that time that
4 maybe since you had taken steroids on the 5th and the 6th
5 and indeed you were -- you took some Anavar and Dianabol
6 on May the 30th, would you have come to any conclusion at
7 that time that maybe the anabolics contributed to your
8 strained left hamstring on the 6th?

9 A. I hadn't caught on yet because before,
10 the Nationals in 1980, I was also on Dianabol and I -- I
11 tore a tendon behind my knee also in that meet, at the
12 national championships but I hadn't put them together yet.

13 Q. I see. Well, now, of course, as they
14 say, hindsight is 20/20 vision and with the advantage of
15 hindsight, would you now conclude that perhaps the
16 strained hamstring was attributable to the fact that you
17 were on anabolics at that time?

18 A. Yes, by the '81 season, I realized that
19 it was not the right thing to do.

20 Q. All right. Then ---

21 THE COMMISSIONER: That is, to take it too
22 close to the competition.

23 THE WITNESS: If you take it too close or
24 to be running on it, racing on it.

25 THE COMMISSIONER: Or to take it, say, the

1 day of the competition as you were doing in Bratislava?

2 THE WITNESS: Yes, sir.

3
4 MR. ARMSTRONG:

5 Q. All right. Then, Ms. Issajenko, I
6 wanted to move you ahead to a note on August the 6th, 1981
7 in your diary and again, on the left-hand column, there is
8 a note that reads 200 mg.'s and then there is a note under
9 the mg.. What does that refer to? Are you with me?

10 A. No, I have nothing for August.

11 THE COMMISSIONER: August the 6th, is it?

12 MR. ARMSTRONG: August 6th.

13 THE COMMISSIONER: This is the next blue
14 page over after the June entry.

15 MR. ARMSTRONG: Here we go. We played a
16 trick on her. We wanted to see if she could do without
17 her diary. We didn't give her the page.

18 THE COMMISSIONER: August 6th.

19
20 MR. ARMSTRONG:

21 Q. August 6th; you see that note 200 mg?
22 I just handed it to you, sorry.

23 A. Yes.

24 Q. Do you know what that refers to?

25 A. 200 milligrams of Depo-testosterone.

1 Q. And when we talked before about this, I
2 think you told me that that would likely have been an
3 injectable but now you have no recollection as to from
4 whom you got that?

5 A. No. Depends on whether I was in -- I
6 was back in Canada or not. I think I was. So it must
7 have been from the doctor.

8 Q. Well, in fairness to the doctor, I
9 think I should point out that if it was the same doctor
10 whom we have been talking about, there is no indication in
11 his record on August the 6th, '81.

12 In any event, I don't think anything turns
13 upon that and we can move along.

14 Now, I want to take you to an entry on
15 August 11th, '81? And I don't think you have that,
16 either.

17 A. There is nothing for August.

18 Q. I'll give you Ms. Chown's copies.

19 A. I have it in my own notes, but not
20 here, August the 11th.

21 THE COMMISSIONER: Tuesday the 11th?

22 THE WITNESS: Tuesday, the 11th, yes.

23
24 MR. ARMSTRONG:

25 Q. Yes. Tuesday the 11th, in the

1 left-hand column there is an entry and what does that say?

2 A. It says on top, "Bishop" and below his
3 name it says, "350 milligrams Prop." It means propionate.
4 That's another form of testosterone that's in a very light
5 oil.

6 Q. Now, first of all, to whom does the
7 name Bishop refer?

8 A. Bishop Dolegiewicz.

9 Q. And why is his name in your diary at
10 that point?

11 A. I was now in Venezuela and I suppose I
12 wanted to separate the shots I was getting from the
13 doctor, the testosterone shots from the others that
14 followed because....

15 Q. Well ---

16 A. I suppose that's why I wrote it.

17 Q. I see. And did Bishop Dolegiewicz give
18 you an injection of this 50 milligrams?

19 A. Of propionate.

20 Q. Of propionate?

21 A. Yes.

22 Q. In Venezuela?

23 A. In Venezuela.

24 Q. And would you have made that entry in
25 your diary on or about August 11th in the usual course?

1 A. I would think so, yes.

2 Q. Now, you and I and Ms. Chown and Mr.
3 O'Connor and Ms. Pinheiro checked the original of the
4 diary and, in fairness, I think we should point out the
5 name Bishop, as it appears in the left-hand margin,
6 appears to be written in different ink and different pen
7 and indeed I believe that the name Bishop is written in
8 red ink?

9 A. Yes.

10 Q. And do you have any doubt in your own
11 mind as to whether or not you wrote in the name Bishop at
12 the same time as you wrote in the rest of the information
13 in the left-hand margin?

14 A. I did write it at the same time because
15 it was normal for me at times to switch from blue to red
16 ink because, in the book that followed, in other diaries
17 that followed, sometimes I would write in blue and
18 sometimes I would write in red.

19 Q. All right. And ----

20 THE COMMISSIONER: Was Mr. Dolegiewicz on
21 the team at that time, too?

22 THE WITNESS: Yes, he was. He was our best
23 shot-putter.

24 THE COMMISSIONER: And you say this is an
25 injection?

1 THE WITNESS: Yes, sir.

2 THE COMMISSIONER: And I note here
3 travelled to Venezuela. You say you got it in Venezuela?

4 THE WITNESS: I got it in Venezuela, yes.
5 That was done the night of the 11th.

6 THE COMMISSIONER: The night of the 11th?

7 THE WITNESS: Yes.

8

9 MR. ARMSTRONG:

10 Q. Now, the word in parenthesis,
11 (mistake), what does that refer to?

12 A. It was written later on. It was then
13 that I started realizing that hot shotting a race was a
14 mistake.

15 Q. Yes?

16 A. I shouldn't be on anabolics during a
17 race or I should not take testosterone that close to a
18 race because in effect what happens, it would make you so
19 aggressive that a lot of times I wouldn't go through my
20 normal warm-up as I used to. I would rush my warm-up.

21 THE COMMISSIONER: In other words, you said
22 on the 12th, it was a mistake to take this on the 11th, is
23 that right?

24 THE WITNESS: No, that was written later.

25 THE COMMISSIONER: I see, mistake was

1 written later on?

2 THE WITNESS: Yes.

3 THE COMMISSIONER: In relation to the
4 effect ---

5 THE WITNESS: Because that was written in
6 pencil, so I wrote that later.

7 THE COMMISSIONER: That's in relation to the
8 fact that -- I gather you didn't run that well on the
9 12th?

10 THE WITNESS: Oh, yes, I ran well.

11 THE COMMISSIONER: I see.

12 THE WITNESS: Well, go on.

13 THE COMMISSIONER: Later on, I guess you
14 then were reviewing it and said it was a mistake to make
15 it so close to the race?

16 THE WITNESS: Yes, sir.

17 THE COMMISSIONER: Thank you.

18

19 MR. ARMSTRONG:

20 Q. I take it you came to the conclusion,
21 too, that even though you may have run well, you still
22 didn't do your proper warm-up, that you went through it
23 too quickly?

24 A. I didn't do my proper warm-up and I
25 ended up getting hurt after the 200 metres in the World

1 Cup trials.

2 Q. Now again, just in fairness here to
3 this entry that has Bishop's name on it, you mentioned
4 that sometimes you used both a blue pen and a red pen, and
5 I haven't got the original right here and I maybe proven
6 to be wrong, but my recollection is that in fairness on
7 that page, the only red ink that is used on that page is
8 the name Bishop?

9 A. Was Bishop's name, yes.

10 Q. I just want to be sure that even
11 drawing that to your attention, that is that the rest of
12 the page is not written in red ink and only Bishop's name
13 is written in red ink, are you still satisfied, first of
14 all, that the entry Bishop would have been put there on
15 August the 11th?

16 A. Yes, I'm sure I did.

17 THE COMMISSIONER: Well, do you recall it?
18 Do you recall the occasion yourself?

19 THE WITNESS: Of getting the shot?

20 THE COMMISSIONER: Yes?

21 THE WITNESS: Yes, sir.

22 THE COMMISSIONER: All right.

23

24 MR. ARMSTRONG:

25 Q. Okay.

1 A. I was not the only one in the room.
2 So -- Bishop and I weren't the only ones.

3 THE COMMISSIONER: Pardon, I didn't hear
4 you.

5 THE WITNESS: Bishop and I weren't the only
6 ones in the room.

7 THE COMMISSIONER: I see.

8

9 MR. ARMSTRONG:

10 Q. Well, who else was in the room?

11 A. Rob Gray and Jack Harkness, two other
12 throwers.

13 Q. Then I want, Ms. Issajenko, to move you
14 along to August 31st in your diary.

15 THE COMMISSIONER: What year, please?

16 MR. ARMSTRONG: Same year, 1981. And there
17 is an entry on the left-hand margin opposite Monday 31st.
18 Do you have that, sir?

19 THE COMMISSIONER: Yes, thank you.

20

21 MR. ARMSTRONG:

22 Q. Do you have that or have we kept that
23 one from you?

24 A. No, I have it.

25 Q. And would you just read what is in the

1 left-hand margin for the Commissioner, please?

2 A. It says 1 cc Prop. which means 1 cc
3 propionate. Then at the bottom it says 1 cc vitamin B
4 plex, B complex; B-12, B-6, B-1.

5 Q. All right. And does that then record
6 an injection that you received on August the 31st?

7 A. Yes, sir.

8 Q. And where were you, do you know?

9 A. In Venezuela.

10 Q. Are you sure?

11 A. I should be in Venezuela.

12 Q. I don't think you're in Venezuela. You
13 were in Venezuela back on August 11th. I think maybe --
14 how about Rome. Take your time.

15 THE COMMISSIONER: I just want to see where
16 we are here. What date was Ms. Issajenko in Venezuela?

17 MR. ARMSTRONG: August the 11th.

18

19 MR. ARMSTRONG:

20 Q. Ms. Issajenko, we can check your
21 original diary at the break, if you want?

22 A. Monday, 31st, 1 cc ---

23 THE COMMISSIONER: These are only excerpts?

24 MR. ARMSTRONG: Yes, they are. They're just
25 pages that Ms. Chown and Ms. Issajenko and Miss Pinheiro

1 took out.

2 THE WITNESS: I think we were in Rome. I
3 wasn't sure. I think we were in Rome.

4
5 MR. ARMSTRONG:

6 Q. We can check the original. In any
7 event, this is again an injection, is it?

8 A. Yes, it is.

9 Q. And you told me what it's -- vitamin B
10 complex and you gave me the breakdown of the vitamin B
11 complex plus again this drug called propionate?

12 A. Yes.

13 Q. That's an anabolic steroids?

14 A. That's testosterone, yes.

15 Q. Now, do you know who gave you the
16 injection on this occasion?

17 A. Bishop.

18 Q. And how do you know that?

19 A. Because I was in Venezuela and then he
20 gave me the shot in Venezuela. And after Venezuela, we
21 took the tour of the European meets and then we went to
22 Rome to the athletes' village for the World Cup.

23 Q. Yes, all right. And again, you've
24 referred to him as Bishop. That's the same Bishop,
25 Dolegiewicz?

1 A. Yes, sir.

2 Q. All right. Then I want to move you
3 along to September the 3rd, just to complete 1981 and you
4 will see in your diary, Ms. Issajenko, in the excerpt that
5 we've put before you, on September 3rd, 1981 there is a
6 notation in the left-hand margin reading, AQ?

7 A. Yes.

8 Q. And another excerpt in the margin for
9 September the 4th reading, AQ?

10 A. Yes.

11 Q. And to what does that refer?

12 A. It meant I had two shots of
13 aqueous-testosterone. This is now the water-base
14 testosterone.

15 Q. All right.

16 A. What you call a hot shot.

17 Q. All right. And you've got a note there
18 that reads, "First day of World Cup on September the 4th"?

19 A. Yes.

20 Q. And where was the World Cup in
21 September of 1981?

22 A. In Rome.

23 Q. So I take it that that -- we'll come
24 back to this particular entry as to what AQ means, but I
25 take it that that would assist you in confirming that on

1 August the 31st you were probably in Rome, right?

2 A. Yes.

3 Q. All right. Now, the AQ again refers to
4 what?

5 A. Aqueous-testosterone.

6 Q. Is that an injectable?

7 A. Yes.

8 Q. We know, of course, from the evidence
9 that we've heard that that is an anabolic steroid?

10 A. Yes.

11 Q. And who injected you with the
12 aqueous-testosterone on September 3rd, on September 4th?

13 A. All these shots came from Bishop.

14 Q. Again, the same Bishop Dolegiewicz?

15 A. Yes.

16 Q. Then I want to leave 1981 and go into
17 the year 1982.

18 And during the year 1982, Ms. Issajenko, did
19 you develop a program yourself which you describe as
20 pyramiding?

21 A. Yes, I did.

22 Q. And can you just tell the Commissioner
23 what was involved in pyramiding?

24 A. I had heard that on straight anabolic
25 use, one tends to tail-off and it was not advisable to

1 start with 10 milligrams from day one and be at 10
2 milligrams when you stop. And I didn't want to have that
3 tail-off effect so therefore I thought if I went in a
4 pyramid where I slowly went up and slowly came down and
5 levelled off, that way then I would not experience tailing
6 off or as they call it, crashing.

7 THE COMMISSIONER: What do they call it?

8 THE WITNESS: Crashing.

9 THE COMMISSIONER: Crashing?

10 THE WITNESS: Yes,

11
12 MR. ARMSTRONG:

13 Q. So I take it that ---

14 A. Also, at that stage, it was also
15 believed that because your organism changes, that every
16 year you should either increase your dosage of anabolics
17 or change to a new one.

18 Q. I see.

19 A. And I did not want to be on a six-week
20 program of 15, 20 milligrams of Dianabol a day. So it was
21 also a good way of working it where I would not be on a
22 higher dosage for more than two weeks at a time.

23 Q. So then in 1982, you developed this
24 idea of pyramiding and did you, in fact, pyramid with the
25 drug Dianabol?

1 A. Yes, I did. And I'd also decided at
2 that time that I would not start a drug program in the
3 fall.

4 Q. All right.

5 A. Therefore, I was -- for that season, I
6 had taken seven months off, I hadn't done any drugs at all
7 and I started April 1st of 1982.

8 Q. All right. And if we go to your diary
9 for April the 1st, 1982, we'll see in the left-hand
10 margin, again, the number 5 and 5 X's? All right?

11 A. Yes.

12 Q. And to what does that refer?

13 A. The X's, it meant 5 milligrams of
14 Dianabol. The X's no longer meant days. They meant
15 milligrams.

16 Q. And is this then -- this is then, as
17 you've indicated, where your pyramiding starts with the
18 dose of 5 milligrams of Dianabol?

19 A. Yes.

20 Q. And I'm not going to ask you to read
21 through the diary. It's there for the Commissioner to see
22 and, of course, I don't think my friends need to concern
23 themselves about it because it's completely personal to
24 Ms. Issajenko.

25 But what it appears to show, if I could

1 summarize, sir, for the purpose of the record, is that you
2 start on April the 1st and run for 7 days on 5 milligrams
3 of Dianabol.

4 Then on April the 8th, you increase the
5 dosage to 10 milligrams of Dianabol for a period up to, it
6 would appear, the 22nd of April when the dosage is
7 increased to 15 milligrams for another 14 days.

8 And then you go to May the 6th, 1982 and the
9 dosage is increased for a two-week period at 20
10 milligrams?

11 A. Yes, sir.

12 Q. All right. And that gets us to the top
13 of the pyramid, as it were?

14 A. Mm-hmm.

15 Q. And then you start to come back down?

16 A. Yes.

17 Q. All right. And let's just see where
18 you start coming back down. If we can go to May the 13th?

19 A. Yes.

20 Q. All right. Just give me a moment and
21 the Commissioner a moment to get there and just tell us
22 what you were doing there.

23 THE COMMISSIONER: I have it.

24 MR. ARMSTRONG: Thank you. What, the 13th?

25 MR. ARMSTRONG: Yes.

1 MR. ARMSTRONG:

2 Q. Now, I'm -- can you just help me, Ms.
3 Issajenko, because I've somehow lost my note on -- no,
4 I've got it.

5 There is a -- there is a note here just
6 opposite Thursday the 13th where, first of all, you've got
7 second week of 20 milligrams and then you've got a note
8 under that.

9 A. It says, on the 13th, it says, "3 D
10 plus two and a half W." It meant three pills Dianabol,
11 which is 5 milligrams apiece, so that would be 15
12 milligrams of Dianabol, plus two and a half milligrams of
13 Winstrol. This was the first time that I had used
14 Winstrol.

15 Q. All right.

16 THE COMMISSIONER: Perhaps this would be a
17 good time to make the morning break due to the change of
18 subject matter.

19 MR. ARMSTRONG: Thank you.

20
21 ---Morning recess
22
23
24
25

--- Upon resuming.

THE COMMISSIONER: Mr. Armstrong.

MR. ARMSTRONG: Thank you, Mr.

Commissioner.

5

MR. ARMSTRONG:

10

Q. Ms. Issajenko, we were at an entry in your diary on Thursday, the 13th of May, that read 3 D plus two and a half W, which you indicated referred to three 5-milligram tablets of Dianabol, plus a two-and-a-half milligram tablet of Winstrol?

A. Of Winstrol, yes.

Q. Now, this is as you indicated before the break, the first time that you had taken Winstrol?

15

A. Yes.

Q. How did it arise at this time that Winstrol entered into your program?

20

A. It was supposed to be the second week of my -- of my 20 milligram of Dianabol cycle. And at this time, I am not sure of the reason why I switched to Winstrol. It is -- it could be because I didn't have enough Dianabol at this time to continue the program.

Q. Do you know from whom you got the Winstrol?

25

A. From Charlie.

Q. And then if I could move along to May
the --

THE COMMISSIONER: Had you had heard of
Winstrol before this? This is the first time we have
5 heard Winstrol being discussed?

THE WITNESS: Yes, I had, I had heard of
Winstrol.

THE COMMISSIONER: You must have -- that
was in pill form?

10 THE WITNESS: Yes, sir.

THE COMMISSIONER: And when were you given
those pills by Mr. Francis?

THE WITNESS: It was sometime before this
date, obviously.

15 THE COMMISSIONER: When did you first --
did you ever have a discussion about Winstrol with anyone?

THE WITNESS: No.

THE COMMISSIONER: This was just with Mr.
Francis only?

20 THE WITNESS: Yes, sir.

THE COMMISSIONER: I see, thank you.

MR. ARMSTRONG:

Q. All right. Then, Ms. Issajenko, if we
25 go to a diary entry on Thursday the 20th of May, you have

from time to time.

THE COMMISSIONER: There's some reference in there. I have seen the expression earlier in your diary.

5 A. It was just a reference because I thought that, I believed that they could detect anabolic use for up to a year, and because there was no test for growth hormone or it wasn't on the banned list, I thought that that would be the way to go.

10 THE COMMISSIONER: Thank you, thank you. I'm sorry. I read the reference STH before, but this is the first time you're now seriously taking a good look at it for yourself?

A. Yes, sir.

15 MR. ARMSTRONG:

Q. Now, you have a reference that you just read here, "I hope that the doctor replies to my letter." And tell us about that, please. What letter did you write and to what doctor?

20 A. Well, I had seen a newspaper article about Dr. Robert Kerr who -- he had written that he was, he had prescribed anabolics to athletes, body-builders, Olympic athletes, and he wrote a book, and there were portions from the book in one of the Toronto newspapers.
25 And I somehow got his address, got his phone number. No,

I somehow got his address. I wrote to him, and he wrote me, he replied and sent me an autographed book, the book he had written.

Q. All right. And, indeed, he is the author of this book entitled "The Practical Use of Anabolic Steroids with Athletes." And was it a copy of this book that he sent to you?

A. Yes, it was.

Q. All right. And was some effort then made by you to make an appointment to see Dr. Kerr?

A. Yes, I did.

Q. And then indeed if we look -- perhaps just to follow this through, there's an entry on September the 19th in your diary that --

MR. ARMSTRONG: On the second page, Mr. Commissioner, of September the 19th, Monday the 19th, if you'll turn over the page, down towards the bottom of the page.

Q. You have an entry "More information on STH. I have my appointment and the other drugs to take along with me." Is that it?

A. With it.

Q. With it, I see. And, again, I take it that at this point in time, as you'll see there's another diary entry just a little bit later along, you hadn't

gotten the book yet, I don't think. So you must, I take it, have gotten some more information, either from the newspaper or elsewhere, on STH, which is a growth hormone?

A. Right.

5 Q. And at this point, you say "I have my appointment, the other drugs to take along with it." Would that be the appointment with Dr. Kerr?

A. Yes, it was.

10 Q. All right. And then on Wednesday, the 21st of September, you have an entry in the diary which reads, "I received my book and a letter from Dr. Kerr. I have an appointment to see him October 11th." Is that correct?

A. That's correct.

15 Q. And then could I take you to an entry on October 11th, under the heading "Tuesday the 11th, a visit to Dr. Kerr"?

A. Correct.

20 Q. And as you've just indicated, you had an appointment for that day and presumably traveled to Los Angeles to see him?

A. Monday the 10th I left.

Q. All right. And he at that time had an office in a suburb of Los Angeles?

25 A. Yes, he did.

Q. And tell us about your visit to his office, please.

A. Well, I walked in the door, and the secretary said to me, "Are you the 800-metre runner from
5 Canada?"

Q. Are you the 800-metre runner from Canada?

A. Yes. And, of course, that set bells off ringing in my head because I wondered who else in Canada,
10 what 800-metre runner, was going to see Dr. Koch, and --

Q. Dr. Kerr. I'm glad I have some company here. It's catching.

A. Dr. Kerr. And after waiting, I guess, the normal time you wait in a doctor's office, I was shown
15 in his office. And first he gave me a form to read over and sign.

Q. Yes.

A. And that form listed all the side effects of anabolic use.

20 Q. All right. Perhaps this just might be a good point to circulate this form.

MR. ARMSTRONG: Do you, sir, have a copy of this?

25 THE COMMISSIONER: I don't think I have as yet.

Thank you.

He wanted you to acknowledge that he had given this to you, I guess?

A. Also that I realized that there were possible side effects.

MR. ARMSTRONG:

Q. Now, could I just ask you to --

THE COMMISSIONER: Excuse me, Mr. Armstrong. We need an exhibit number.

THE CLERK: 122.

THE COMMISSIONER: 122, thank you.

--- Exhibit 122: Letter from Dr. Robert Kerr, signed by Angella Issajenko ---

MR. ARMSTRONG: I think it would be useful, Mr. Commissioner, if Ms. Issajenko would read this form because it has information in it that I think is certainly relevant for your consideration, not only in respect to her evidence but probably in respect to--

A. It's not a good photocopy.

MR. ARMSTRONG: I'm sorry. Can you not -- why don't I give you mine?

THE COMMISSIONER: Why don't you give her a

good copy and keep the bad one for yourself, for a change?
Here, I have a good copy.

MR. ARMSTRONG: Well, it's not that great.

THE COMMISSIONER: I'll take -- you give Ms.
5 Issajenko my copy. She's going to read it, anyway.

MR. ARMSTRONG: It's the same copy. I'll
help you because I've memorized -- along with the doctors'
names that I've memorized , I've memorized the letters
that they write. So I'll help you. But it would be
10 useful if -- do you want to read this or would you like me
to read it?

A. You read it.

THE COMMISSIONER: You read it in the
record, Mr. Armstrong.

15 MR. ARMSTRONG: Okay.

"The use of anabolic steroids or anabolic
drugs is an endeavour not to be taken too lightly. With
the use of these drugs, as with all medicines, side
effects can and do occur. Before taking these drugs, you
20 will want to carefully weigh the facts, and if you are
aware of the possible side effects and choose to continue
with the use of these medicines, then it is hoped that you
will find it a successful endeavour.

"Side effects from the use of anabolic drugs
25 could include such items as baldness, sterility, increased

bone size and weight increase, liver toxicity and pathology as well as kidney pathology. A shrinking of the testes, acne, hypertension (high blood pressure), and gynacomastia (swollen, painful male nipple or nipples).

5 Rashes could occur, and a personality change is always possible. The possibility of a decreased body immunity must be considered (where an increase in the incidence of colds and infections might occur).

10 "Science has not yet established the long-term safety of these drugs. Though the anabolic drugs have been used for many years, the possibility of long-term ill effects must always be considered, as with any medicine. In regard to this, it must be asked, could the ill effects from these drugs affect you in the years
15 to come? There is now no established record that would guarantee that the effect of these drugs will not affect your offspring. So this must also be considered by anyone considering the use of anabolic agents.

20 "If you have pondered the above warnings and still feel that, dangerous side effects aside, the use of these medicines will enhance your needs, then sign and have witnessed this statement. If unsure, then don't take any medicine of which you are unsure!

25 "Obviously, if you do decide to take the anabolic drugs and if signs and symptoms of any of the

above or any other side effects or ill effects occurs,
please with haste contact Dr. Robert Kerr or his
representative. Most side effects are curable when
medication and therapy is instituted quickly. Some of the
5 ill effects that I have mentioned above, I have personally
seen as side effects in patients taking anabolic drugs.
Most of the other incidences mentioned above have not been
seen by me but have been reported in the gym gossip that
we all hear from various training centres. And though
10 personally unwitnessed, these dangers must be considered.

"Again, before you sign, weigh all the known
facts. Will these drugs give you your desired benefits,
and, if so, is the risk of side effect worth the possible
gains?

15 "Obviously, the longer a drug is used, the
greater the possibilities for many of the side effects
occurring. So report any abnormal effect or symptom
immediately.

20 "My best wishes for success, Robert Kerr,
MD."

MR. ARMSTRONG:

Q. And then your signature, I take it, is
there. Is that your signature?

25 A. That's my signature.

Q. And your signature then is given as Angella Taylor, because that was your name before you were married?

A. Yes.

5 Q. Now, Ms. Issajenko, let me ask you this. You said that he gave you or somebody in his office gave you this letter to read over and then sign, as you did. Did you in fact read it over?

A. No.

10 Q. Well, did Dr. Kerr discuss the side effects with you when you went into his office to see him?

A. No. I suppose he had thought I had read that. But I had already seen, I had already read about all the possible side effects of anabolic use.

15 Q. And, indeed, you had had his book, I take it. Had you read that before you'd gone down there?

A. Yes, I did.

20 Q. And let me ask you this then. I take it that that letter that I just read in such a long-winded fashion, the information contained therein was not particularly new to you?

25 A. No, because I had had my C.P.S. and whatever drug I -- if I had a prescription for any drug, I would run home and look in my C.P.S., so I knew all the possible side effects of anything I had ever taken.

Q. So, indeed, the 1978 C.P.S. that you still have to this day that you got from a doctor in Toronto, each time that you would take a new drug, you would check it out in this volume?

5 A. It didn't matter what it was, be it anabolic or anti-inflammatories.

MR. ARMSTRONG: And, indeed, sir, I can tell you that if you wanted to call me as a witness, Ms. Issajenko does know a fair bit about the information
10 contained in that book, but I'm not going to --

THE COMMISSIONER: Then I'll call her and not you.

MR. ARMSTRONG: I'm not going to have her tested on it right here today, but she has a fair amount
15 of information as a result of having read it.

MR. ARMSTRONG:

Q. And you'd agree with that, Ms. Issajenko?

20 A. Yes.

Q. Then what happened then at the meeting or appointment with Dr. Kerr after you were given the paper? You signed it; presumably you went in to see him. Can you just tell us what went on?

25 A. Well, I went over all the different

types of anabolics I had used in the years before that. I remember he did not like Dianabol. He thought it was too androgenic.

Q. Yes.

5 A. And I found that somewhat confusing, the fact that he didn't like anabolic -- Dianabol, because in his book he said Dianabol was a speed and power drug, and, of course, that was the event. My event is speed and power-related. And he suggested that I use Winstrol
10 because, his words to me were that the athletes he was treating in the United States, they were using Anavar, human growth hormone or Larodopa.

Q. Yes?

A. And that's what he suggested for me.

15 THE COMMISSIONER: I'm sorry. Anavar --

A. Anavar, human growth hormone --

THE COMMISSIONER: I thought you said he recommended Winstrol?

A. No, he didn't.

20 MR. ARMSTRONG: Maybe you intended to say Anavar. You did --

A. Did I say Winstrol?

THE COMMISSIONER: Yes, you did.

A. I'm sorry, sir. I meant Anavar.

25 THE COMMISSIONER: All right.

A. He suggested Anavar, human growth hormone, and Larodopa, which is a drug for Parkinson Syndrome.

5 MR. ARMSTRONG:

Q. Parkinson Syndrome?

A. Yes.

Q. And we heard some evidence from Mr. Francis the other day that it was his belief that the Larodopa increased the up-take of the growth hormone; is that your understanding?

10

A. This is what Dr. Kerr told me, yes.

Q. So then after discussing with him --

THE COMMISSIONER: So he recommended against Anavar and against Winstrol?

15

A. We didn't talk about Winstrol as such. I had liked Dianabol, and that's what I wanted to keep using. And he said he did not like Dianabol.

THE COMMISSIONER: Did he give a reason for that?

20

A. Because he didn't think women should take Dianabol.

THE COMMISSIONER: I see.

A. I think he believed it was too androgenic.

25

THE COMMISSIONER: I understand.

MR. ARMSTRONG:

Q. So he obviously, it goes without saying,
5 based upon the letter that I just read and that you
signed, he understood, of course, that you were there as
an athlete and interested in these drugs from the point of
view of taking the drugs to enhance your athletic
performance?

10 A. Yes, he did.

THE COMMISSIONER: Did you explain your
specialty to him? You said something about 800 metres.
Was he confused or was somebody else going to see him?

A. I don't know how they could have been
15 confused because when I phoned I told him who I was and
the event that I ran.

THE COMMISSIONER: Okay. Thank you.

MR. ARMSTRONG:

20 Q. All right. Then as a result of the
advice that he --

THE COMMISSIONER: I'm sorry. Did he give
you anything in writing or did you just recall what he --
did he sort of lay a pattern? When he said Anavar, did he
25 say how much to take and when to take it?

A. Yes, he gave me instructions.

THE COMMISSIONER: Instructions for the
Anavar and the --

A. The growth hormone and the Larodopa.

5 THE COMMISSIONER: Had you taken growth
hormone yet?

A. No, I hadn't.

MR. ARMSTRONG:

10 Q. And, indeed, did he give you a
prescription for those drugs?

A. Yes, he did.

Q. And did you fill the prescription?

A. Next door by his office, yes.

15 Q. And he has, like a lot of physicians, a
pharmacy right adjacent to where his office is, does he?

A. Yes, but it must have been his pharmacy
because I don't think, in Canada, you could take a
prescription for human growth hormone to the nearest
20 pharmacy and get it filled.

Q. All right. In any event, apart from --
we'll come to the prescriptions in a moment, but apart
from the discussion you had with him about these drugs and
what he thought was advisable, particularly for women, and
25 his providing a prescription for you, did he also have

some lab tests ordered for you, take some blood?

A. He took my blood pressure and he took --
yes, he did a blood work.

Q. Then I assume that since you had the
5 prescriptions filled next door at the pharmacy that you
intended to follow his advice?

A. Yes, I did.

MR. ARMSTRONG: I realize we're a little
early, but if it's acceptable to you, that would be a
10 convenient spot because we --

THE COMMISSIONER: I understand. Will 2:15
be satisfactory?

MR. ARMSTRONG: Yes, it would.

THE COMMISSIONER: All right. Thank you.

15 --- Luncheon adjournment ---

20

25

THE COMMISSIONER: Mr. Armstrong.

MR. ARMSTRONG: Thank you, Mr. Commissioner.

MR. ARMSTRONG:

5 Q. As I sometimes do, I want to take you
back just briefly for a moment, Ms. Issajenko --

THE COMMISSIONER: Excuse me a minute. Just
a minute, please.

Mr. Armstrong.

10 MR. ARMSTRONG: Thank you, again, sir.

MR. ARMSTRONG:

15 Q. There was, in fact, an entry in your
diary that I had red-starred, but this isn't my day and I
missed the red star on the way through. December 24,
1982, and that's Friday the 24th, 1982, and Christmas Day,
Saturday, December 25th, 1982. Do you have those in front
of you?

A. Yes, sir, I do. Yes.

20 Q. And you've written in on Christmas Eve
for Friday the 24th, "Day off"?

A. Friday the 24th, yes.

Q. "Day off," do you see that?

A. Yes, I do.

25 Q. And then on Christmas Day, Saturday the

25th, you've written in "Day off"? Right?

A. Yes, I did.

Q. And then you draw a line for both the 24th and 25th, and what have you written in there?

5 A. "Feel bad for taking Friday off."

Q. All right.

THE COMMISSIONER: You actually took the day before Christmas off, did you?

A. Yes.

10

MR. ARMSTRONG:

Q. I guess you didn't make that mistake again. Then, Ms. Issajenko, just before the luncheon recess, we were at October 11th, 1983, and we were dealing with and I think had completed your visit to Dr. Kerr's office in Los Angeles where you indicated that he had made a prescription for you or given you a prescription for L-dopa, Cresc -- growth hormone, and Anavar. Before going on to deal with whether or not you used these drugs, I wanted to ask you, when was it in relation to Dr. Kerr's visit that Dr. Astaphan first appeared on the scene? Do you remember now?

15

20

A. It must have been -- I'm not sure of the exact date, but it must have been around the beginning of October.

25

Q. Yes?

A. Around the ending of September because

I --

THE COMMISSIONER: That's before the visit

5 to Dr. Kerr?

A. Yes, sir. Because I have a note in my diary that on Wednesday, September 28th, I saw the chiropractor at the Columbus Centre who introduced Charlie and I to Dr. Astaphan.

10

MR. ARMSTRONG:

Q. All right. So somewhere then around the beginning of October you think you saw Dr. Astaphan for the first time?

15

A. Yes.

Q. And how was it that you were introduced to Dr. Astaphan?

20

A. The chiropractor knew him, and he believed Dr. Astaphan was a very good doctor and, I guess, he had worked in the Islands with athletes before, and he suggested that we see him because of the nature of the injury that I had.

Q. And you were still having problems with your leg injury following--

25

A. I still had a problem with the sciatic

nerve, yes.

Q. Okay. And so did--

A. Also, I must note, there is a machine called a Diapulse, which I think Dr. Astaphan knew a lot about, and I had started using that. So that was really the connection.

Q. So did Charlie Francis and you go to see Dr. Astaphan about this injury to your leg, this sciatic nerve problem?

A. Yes, we did.

Q. All right. And during that --

THE COMMISSIONER: Excuse me.

MR. LEVINE: I wonder if my friend could refer the witness to the specific page wherein Dr. Astaphan is first mentioned.

MR. ARMSTRONG: I will.

THE COMMISSIONER: He will, eventually. I don't think there's a note of that date.

MR. ARMSTRONG: There isn't.

THE COMMISSIONER: There's no note of this particular visit, Mr. Levine.

MR. LEVINE: Thank you.

THE COMMISSIONER: I don't think. I just looked through it and didn't see one.

MR. ARMSTRONG:

Q. All right. And on this first visit in early October to Dr. Astaphan, did that visit simply relate to the problem with your leg and the sciatic nerve?

5 A. Yes, it did.

Q. And, again, in reference to the visit to Dr. Kerr, if we can use that as a kind of a milestone along the way, did you again see Dr. Astaphan before you saw Dr. Kerr in Los Angeles?

10 A. Yes, I did.

Q. Tell us about that, please.

A. It was on the other visit to Dr. Astaphan that I brought up the subject of anabolics. I told him I was going to see Dr. Kerr, and I had the book with me that Dr. Kerr wrote.

15

Q. Yes.

A. Which I left with Dr. Astaphan.

THE COMMISSIONER: Was Mr. Francis with you at that time, too?

20 A. Yes, he was.

THE COMMISSIONER: Thank you.

I'm sorry I interrupted you. She was telling a story.

MR. ARMSTRONG: That's all right.

25

MR. ARMSTRONG:

Q. And can you remember what Dr. Astaphan had to say about the prospect of your visit to Dr. Kerr and the subject of anabolics?

5 A. I think he basically listened. There was not much he could say because I had already made my appointment. I was going to go regardless of what he said.

10 Q. All right. Then, I want to take you, Ms. Issajenko, to a diary entry on the 19th of October, which, sir, is the page immediately following where we were before lunch. We were on Tuesday, the 11th of October, the visit to Dr. Kerr. And then the next page is October the 19th, 1983.

15 THE COMMISSIONER: Yes, I have the page. October the 19th? Yes, I see it. Thank you. Dr. Astaphan's name is in here.

MR. ARMSTRONG: Yes.

20 MR. ARMSTRONG:

Q. Now, you've, in fact, written in Dr. Astaphan's name as Dr. Asapan, I guess. And can you just read what the entry is opposite his name?

25 A. "Progress a lot. He will do all my testing, advise on drugs, nutrition, et cetera. Great. I

will finally get my -- "

Q. Something together.

A. "-- together." Yes.

MR. ARMSTRONG: The press gallery picks that
5 stuff up pretty quickly, I notice.

MR. ARMSTRONG:

Q. In any event, can you elaborate on that?
Was there any discussion on October the 19th with Dr.
10 Astaphan about your visit to Dr. Kerr?

A. Yes, I told him what Dr. Kerr advised.
Jamie did not like Anavar because he said Anavar was too
hard on the liver.

Q. Yes?

15 A. And I suppose at that time he was sort
of telling me not to use Anavar. He preferred Winstrol,
and I did not like Winstrol because I had had the problems
with it in the summer of 1982. So I decided I would take
Dr. Kerr's advice.

20 Q. Now, this would, on what you've told us
so far, have been your second conversation with Dr.
Astaphan concerning the use of anabolic steroids?

A. Yes, it was.

Q. And during the first visit, if I've
25 understood what you've told me, it really amounted to no

more than your informing Dr. Astaphan of your interest in anabolics and the fact that you were going to see Dr. Kerr and leaving with him the book of Dr. Kerr?

A. That's correct.

5 Q. All right. Now, things seemed to have progressed somewhat further then by the time you get back and meet with him on October the 19th because you've made the note, "He is going to advise on drugs." Now, did he give you some indication at that time of either a
10 particular interest in or knowledge of anabolics?

MR. LEVINE: I'm sorry to interrupt my friend, it's just that I have some problems with the use of the diary as a referral and then referral to the witness's own memory. I wonder if the witness could
15 specify if she's using a diary to refresh her memory or if she has an independent recollection of these events or what reliance she is placing upon it.

THE COMMISSIONER: I suspect it's a combination, but you can ask her. You can ask her that.

20 MR. LEVINE: Thank you, sir.

MR. ARMSTRONG:

Q. Well, apart from what is recorded in your diary for October the 19th, do you have a
25 recollection, apart from what is recorded there,

concerning this meeting with Dr. Astaphan?

A. Yes, about the fact that he advised on the Anavar. He did not like the Anavar.

THE COMMISSIONER: We've already
5 established, Mr. Levine, these are made the day of the event.

MR. LEVINE: It's just that the witness seems to refer to some events that aren't in the diary.

THE COMMISSIONER: That's all right. Thank
10 you.

15

20

25

MR. ARMSTRONG: I must also say, Mr. Commissioner, based upon the approach taken with Mr. Francis, and the cross-examination that proceeded, I really didn't think this would be any issue between this witness and Dr. Astaphan but I'll proceed perhaps a little more cautiously.

THE COMMISSIONER: All right.

MR. ARMSTRONG: Could I have your indulgence?

THE COMMISSIONER: Yes.

MR. ARMSTRONG: Thank you.

MR. ARMSTRONG:

Q. Can you just help me a little further. He gave you the benefit of his advice then about thinking -- about saying that he preferred Winstrol, didn't like Anavar because ---

A. It was too hard on the liver, he said.

Q. Too hard on the liver. This note appears to be also looking towards the future that from now on he's going to advise on drugs. Now, can you help us as to what discussion there was about that?

THE COMMISSIONER: And testing as well it says.

MR. ARMSTRONG: Yes.

THE COMMISSIONER: "Do all my testing"?

MR. ARMSTRONG:

Q. Do all my testing and advise on drugs.

5 What was going to happen, what do you recollect, apart from what is said there?

A. That from now on he would be the doctor who would give us whatever we wanted. That is, if we -- if I needed more Anavar or more growth hormone, I would
10 have to pay \$800 to go to California just to see a doctor.

Q. All right. And the testing that is referred to, what kind of testing was that?

A. That meant he would monitor the use of anabolics.

15 Q. And indeed we'll get on to this, but let me just ask you this, at the outset, did you from the fall of 1983 forward until Dr. Astaphan left Toronto at some time in 1986, see him on a regular basis?

A. Yes, I did.

20 Q. And did he, in fact, take regular -- have regular blood tests done and so on?

A. Yes, he did. I might point out that Dr. Astaphan, his only purpose was not to give us anabolics. He was, in our opinion, the best sports
25 medicine doctor there was, even though he wasn't qualified

as a sports medicine doctor. Whatever injury we had in training, we would go to see Jamie.

Q. All right. Well, here we are then, Ms. Issajenko, at October the 19th and you now are in the possession of the advice from Dr. Kerr that you take the growth hormone, the Anavar and the L-dopa.

You've reviewed that on October the 19th, with Dr. Astaphan, and he gives you contrary advice; says don't take the Anavar, it's too tough on the liver. Take the Winstrol? So ---

A. Well, he didn't say take the Winstrol; he said he preferred Winstrol.

Q. Okay, good. In any event, did you come to some decision as to whether at that time, whether or not you would follow the Kerr program?

THE COMMISSIONER: I think she said she did. She decided to stick with Dr. Kerr's formula?

THE WITNESS: Yes, I did.

MR. ARMSTRONG: Sorry, I missed that.

THE WITNESS: Because he had written this book and then he seemed to have been the big steroid guru in America. So I thought he knew a lot more about anabolics than Jamie, so I decided I'd go with what Dr. Kerr said.

And, also, Dr. Kerr, I had -- one of the

properties of Dianabol is that it causes a lot of water retention and I was beginning to get heavier and I -- from what I had read in Dr. Kerr's book, he referred to Anavar as a cutting up drug which means it makes you very lean and that was one of the main reasons why I decided I would go with Anavar.

Q. Then I want to refer you to your diary entry on October 31st at 1983 and there is a note on the right-hand side of the page which appears to be over written but I believe you can help us as to what was written there, can you?

A. Larodopa and Anavar, one plus one, two plus two. It meant I take one L-dopa in the morning, one in the evening and the same with Anavar; two -- two and two and Anavar comes -- there's 2.5 milligrams per tablet.

Q. Both Larodopa and Anavar come in tablet form?

A. Yes, they do.

Q. All right.

A. And I must point out that Dr. Kerr had advised me at that point -- because I used to take all my oral anabolics in the morning when I got up because I figured by the time I got to training at 4:30 they would start working and he told me to take half in the morning and half after training.

THE COMMISSIONER: What did Dr. Astaphan say about L-dopa? Did he comment on it at all?

THE WITNESS: Later; not at this time.

THE COMMISSIONER: I see, thank you.

5

MR. ARMSTRONG:

Q. Okay. Now, then the next diary entry that we have about these two drugs, Ms. Issajenko, is on November the 6th, 1983 where there is a similar reference,
10 is there?

A. Yes, there is. It's two and two, L-dopa and Anavar.

Q. So again, that's tablets in the morning and tablets in the evening?

15

A. Yes.

Q. And again I'm sorry, you probably just gave it to me but I missed it. How much is being taken in the morning and how much is being taken in the evening?

20

A. One L-dopa in the morning and one in the evening and two Anavar in the morning and two in the evening.

Q. And what is -- what is the quantity or the dosage in the pills?

25

A. 2.5 milligrams per tablet for Anavar and I'm not sure of the dosage of L-dopa.

Q. Now, what occurred between October the 31st and November the 6th? Were you -- were you taking this every day during that period or is it ---

A. Yes, I was taking it every day.

5 Q. All right. Then if I could take you to November of 1983 and November the 14th -- we're already in November, sorry. And there is a reference in your diary, November 14th, to what?

A. Crescormon, 1 cc.

10 Q. What is that?

A. That's somatropin, human growth hormone.

Q. And was that substance the substance that you had gotten at the pharmacy in Los Angeles?

15 A. From Dr. Kerr, yes, it was.

Q. And indeed, as you've already indicated, you got the L-dopa and the Anavar at the pharmacy adjacent to his office?

A. Yes, I did.

20 Q. So the crescormon then is the trade name for the growth hormone?

A. Yes, it is.

25 Q. And indeed you kept the insert that was in the drug that you bought in the pharmacy back on October the 11th, 1983 and provided the original to us, is

that so?

A. Yes, I did.

MR. ARMSTRONG: I've given you, sir, a copy
of that, together with the registrar. If we could have
5 that as our next exhibit?

THE COMMISSIONER: Fine.

THE REGISTRAR: Exhibit 123.

THE COMMISSIONER: Thank you.

10 ---EXHIBIT NO. 123: Insert brochure

MR. ARMSTRONG:

Q. Now, you would be happy to know that
I'm not going to ask you to read all of this nor am I
15 going to read it myself. I simply note that in brackets
the -- opposite crescormon is the name somatropin and
indeed we're going to see other entries in your diary that
refer to somatropin and I take it that when that word or
short form of it appears, you're referring to --

20 A. Human growth hormone.

Q. Human growth hormone as original
crescormon?

A. Crescormon, yes.

Q. Okay.

25 THE COMMISSIONER: This is the original?

This is not synthetic at this stage?

THE WITNESS: This is the one from humans, yes.

THE COMMISSIONER: Yes.

5 MR. ARMSTRONG: Indeed, sir, you will see, if you want to pause for a moment, the makeup of it. You'll see in the very -- on the first page, on the third column over from the left, "Crescormon is prepared only from human pituitary glands," which indicates that this is
10 the natural growth hormone.

THE COMMISSIONER: I see it.

MR. ARMSTRONG: Oh, sorry.

THE COMMISSIONER: That's correct. That's where I showed my knowledge in the subject. This is in
15 a -- does it come in a vial?

THE WITNESS: Yes, it did.

MR. ARMSTRONG:

Q. Indeed, you can help us a little
20 further. I hope I'm not wrong here, but I think you told me that it came in a little white powder with some distilled water?

A. To mix it with, yes.

Q. All right. And so, it's obviously an
25 injectable?

A. Yes, it is.

Q. All right. Now, on the 14th of November, presumably somebody would have had to mix up the powder and the distilled water and give you an injection of it?

A. I mixed it myself. I always -- that's one thing I always made sure, that whatever I took, what I mixed, I did it myself. I always knew the amounts so -- I always knew the amounts.

Q. Who gave you the injection?

A. My husband did.

THE COMMISSIONER: Is that the 14th?

THE WITNESS: Or, I wasn't married yet.

THE COMMISSIONER: I didn't hear it?

MR. ARMSTRONG: It's all right.

THE COMMISSIONER: Well, let me in on it.

THE WITNESS: It's the fall of 1983.

MR. ARMSTRONG: Fall of 1983. It was her good friend at that time, later to become her husband, is what she said.

THE COMMISSIONER: All right. That's Monday the 14th. Is that where we are, Mr. Armstrong?

MR. ARMSTRONG: Yes.

MR. ARMSTRONG:

Q. All right, then could I take you, Ms. Issajenko, to November the 19th and there is a note of -- of an injection taken at that time. Can you just tell the Commissioner what that is? November the 19th, have we got it?

A. It's the same. It's says somatropin, crescormon, 1 cc.

Q. You used both names there, somatropin and crescormon?

A. Yes.

Q. And again, that would have been an injection, obviously again at that time, again done by your husband?

A. Yes.

Q. And, indeed, if we were to work our way through the diary, we would see that on November the 20th, there is a further 1 cc injection of crescormon on November 23rd?

THE COMMISSIONER: I'm sorry, this is -- you still had this from your California trip, is that right?

THE WITNESS: Yes, sir.

THE COMMISSIONER: Thank you.

MR. ARMSTRONG:

Q. November 23rd, a further injection of
crescormon.

5 THE COMMISSIONER: Where are you now? What
date are you at?

MR. ARMSTRONG: November 23rd.

THE COMMISSIONER: Thank you.

MR. ARMSTRONG:

10 Q. Then I just wanted to take you, Ms.
Issajenko, to November the 26th and there is a very bad
photocopy here but you appear to have --

A. It said no Larodopa or Anavar.

15 THE COMMISSIONER: I didn't hear your
answer, I'm sorry?

THE WITNESS: No Larodopa or Anavar because
I went to Guadeloupe on Saturday the 26th and somehow, I
had the Larodopa and the Anavar in my suitcase and my
baggage was lost.

20 MR. ARMSTRONG: And indeed, sir, it
virtually is impossible but we have checked the original
and you'll see to the left of Saturday the 26th, there is
an illegible photocopy reference and it reads no Larodropa
or Anavar there in my suitcase.

25 THE COMMISSIONER: I see it.

MR. ARMSTRONG:

Q. And then travel to Guadeloupe and what is the reference there, one and a half cc's?

A. One and a half cc somatropin.

5 Q. And what does the "other" refer to, do you know now? It says one and a half cc "other" and then somatropin?

10 A. It does not make sense to me because at this time, I did not have any other type of human growth hormone.

Q. If we go over the page to November 28th, you have a reference on November the 28th, "Got my baggage, missed two days of Larodopa and Anavar."

A. Yes.

15 Q. That's what that entry says? And then could I take you over to November the 29th, Tuesday the 29th, on the second page of Tuesday the 29th. There is a reference, Ms. Issajenko, about a third of the way down the page, something, something "Have to store in a thermos." Could you just read that whole entry?

20

A. There is a time. It says "6:30, somatropin, one and a half cc's. Have to store in a thermos. No refrigerator."

25 We were staying at the Creps. It was a school for athletics in Guadeloupe and it's sort of a

dorm-type situation and the crescormon had to be refrigerated once mixed. Actually, even before mixed. The real human growth hormone has to be refrigerated and, what I did, I had to take it to Guadeloupe on ice and once
5 I got there, I bought a large thermos in Toronto and I took it there and each day I would fill it with ice and put the bottles inside.

Q. All right. And just further in that entry, you make a note, "My face is breaking out. I don't
10 know if it is the..."

A. Somatropin.

Q. "...somatropin or the vitamin B-12 Deca that I had a few weeks ago."

And let me ask you this, had you had skin
15 problems along the way that you somehow related to the drugs you were taking?

A. I had skin problems before I started taking anabolics but I must point out that the anabolics did aggravate the situation.

Q. Okay. Then I want to take you along
20 then to December the -- before I take you into December, Mr. Francis has already testified about the training camp in Guadeloupe at various periods, the first one, I believe being in December of 1983.

25 And I take it this is the same training camp

that you're now at in Guadeloupe that Mr. Francis referred to during the course of his evidence?

A. Yes, it is.

Q. And indeed, I understand, based on his
5 evidence, that to some extent the arrangements that were made down there were made possible because you were somewhat of a popular figure among the people of Guadeloupe?

A. Yes, because they have meetings every
10 year which alternate between Martinique and Guadeloupe and I had always gone there to run.

So I called -- I knew the coach for the team in Guadeloupe. He was also the coach for the 4 x 1 relay team for France and I phoned him and asked him if we could
15 arrange a training camp. He told me to write to the director of the Creps which I did and he invited us to come down.

Q. And we're going to come back later as to who all was there but can you remember now, in December
20 of 1983, who was at the training camp in Guadeloupe?

A. Myself and Tony Sharpe. We went together.

Q. I see?

A. And Tony Issajenko came later, just on
25 the holiday. He was not running at that time. And I

think Charlie came later.

Q. Then ---

A. Or, I'm not sure if -- I have to see the originals of my diary. I'm not sure if Charlie was
5 there in this period. I knew he was there in the spring.

Q. Then -- thank you. Then Ms. Issajenko, I take you to the first entry that we've put in this book for December of 1983 and, in particular, December 2nd and I want to take you down just a bit past halfway down
10 your -- the page of your diary and could you read that entry for about three and a half lines, please? The somatropin, one and a half cc's at 3:30?

A. "Didn't feel the stress of the weight" -- "of the weights today. Probably was being
15 pulled up by the blood stream and working then."

I must have been referring to the somatropin. No lactic acid. Only the problem with the calf during the hamstring curls.

Q. And I don't know whether you can help
20 us now. What did you mean when you say probably is being pulled up by the blood stream? What is that reference to?

A. I'm lost.

Q. All right.

A. I don't know what I was writing about.
25 I'm sure it was in reference to the human growth hormone.

Q. All right. Then again I'm not going to ask you to refer in particular to some of the following entries of the diary but if I may, Mr. Commissioner, for the purpose of the record. Indicate that on December 5,
5 December 8, December 9, there are references to one and a half cc's of somatropin. Then I want to ask Ms. Issajenko to go to December the 14th....

THE COMMISSIONER: Was it only the human growth -- were you still on Anavar.

10 THE WITNESS: I was on Anavar and Larodopa, yes.

THE COMMISSIONER: Anavar, L-dopa, plus the human growth, right? Anavar, L-Dopa, plus ---

THE WITNESS: Human growth hormone, yes.

15 THE COMMISSIONER: Thank you.

MR. ARMSTRONG:

Q. Now, you don't -- if, for example, Ms. Issajenko, I were to take you to December the 5th and it's
20 a very bad -- it's a very bad photocopy but in the middle of the page on December the 5th, you simply there refer to one and a half cc's of somatropin.

But are you also taking your L-dopa and Anavar pills too, then? You must have based on what
25 you've just said to the Commissioner?

A. There is no record of it here but I am sure I was.

Q. All right. Then I want to take you to December the 14th and could you -- and in particular, it
5 says December the 14th, page 2. And could you just read the entry at the top of that page? Are you with us, sir?

THE COMMISSIONER: Yes. The 14th?

MR. ARMSTRONG:

10 Q. Yes, page 2?

A. "I have been very tight lately. It must be the somatropin. It is especially hard to do speed in the morning but it is the only time that it is not hot and I must do weights in the evening. Plus, it gets dark
15 at six o'clock here. So damned if you do and damned if you don't."

Q. So apparently, based at least on that entry, you were of the view that the somatropin was making you a bit tight?

20 A. At that time but....

THE COMMISSIONER: Well, I notice you took some at 12:57, is that what that means?

THE WITNESS: Yes, that was the time. I thought it was the somatropin at that time but it wasn't.
25 It was that I was not used to waking up at six o'clock in

the morning to do speed work.

MR. ARMSTRONG:

Q. Yes?

5 A. So I think that was the reason. Your body is not up and ready to go at six o'clock in the morning.

Q. I know the feeling.

10 A. So that, you know, when I look back now, that was the reason; not the somatropin.

Q. And then through December, Ms. Issajenko, there are other references; December 17th, December 20th, December 23rd, December 26th, December 29th.

15 A. There is a note on Monday the 19th that I'm off Anavar. It says week eight.

Q. I'm sorry. Thank you. If we can go back then, sorry, to December the 19th. You say off Anavar. So that probably then confirms your view that up to that time you were taking the Anavar?

20 A. Yes. But I think since I was still on the human growth hormone, it would make sense that I was still taking L-dopa.

Q. Okay. All right. Then, as I was
25 indicating for the purpose of the record, the diary would

reveal that on December the 17th, December the 20th, December the 23rd and December the 26th there were injections of one and a half cc's of somatropin.

Then on December the 29th, Ms. Issajenko, you take two cc's of somatropin with the indication increase in dosage. Was there some reason at that time -- I know again, I'm virtually asking the impossible to take your mind back to then, but if you can, do you know why you increased the dosage by half a cc at that point, December 29th?

A. It could be that -- sometimes when you -- when you pre-mix the bottles, it's hard a lot of times to get all the water out of the bottle to mix with the white -- the powder. So sometimes you may end up with five cc's or five and half and not six. It could be a possibility that that was what was left in one bottle, two cc's. So I just took all of it.

Q. I perhaps was a bit unfair to you because there are some more entries about increasing the dosage. So let's see if there is a picture emerging here.

On January the 1st, 1984 and I take it -- are you still in Guadeloupe at this point?

A. Yes, I am.

Q. If I could take you to January 1, 1984, Mr. Commissioner, it's the second page in?

A. I must point out that for the first few weeks in Guadeloupe, Tony was not giving me the injections because he wasn't there, Tony Issajenko.

Q. Yes, I'm sorry. I was going to ask you that?

A. Tony Sharpe was giving me the injections.

Q. And he was a member of the Mazda -- well. It wasn't then the Mazda group, I don't think, but he was a member of the Scarborough Optomist?

A. Scarborough Optomist track club.

Q. All right. Let's go to January 1, 1984 and you'll notice about the fourth or fifth line -- fourth line down, I think -- fifth line down, one and a half cc's somatropin?

THE COMMISSIONER: What date, please?

MR. ARMSTRONG: January 1, '84 and it's the second page.

THE COMMISSIONER: Yes.

THE WITNESS: One and a half cc and it says, "Drop dosage by half cc."

MR. ARMSTRONG:

Q. Just before I ask you to comment on that, I want to just take you through a couple of more

because on January the 4th, over on the next page you,
down at the bottom of the page, have two cc's somatropin,
increase up one-half cc.

5 And further along, on January the 7th, there
is a reference, 3 cc's somatropin; double usual dosage.

And then it would appear, Ms. Issajenko, you
take two cc's on January the 10th and you have a reference
there on January the 10th in brackets, (higher dosage, one
and a half cc's of other equals 1 cc cres."

10 I don't know what you're referring to there.

A. I think at this time -- oh, two cc's
crescormon....

THE COMMISSIONER: What date are you at, Mr.
Armstrong?

15 MR. ARMSTRONG: I'm sorry, January the 10th.
It's on the second ---

THE COMMISSIONER: Are they back in Toronto
now?

MR. ARMSTRONG: Tuesday the 10th.

20 THE WITNESS: We must be back in Toronto.

THE COMMISSIONER: You haven't established
where they are at the moment, Mr. Armstrong. Are you
still in Guadeloupe or back in Toronto?

25 THE WITNESS: No, we must be back in
Toronto because I had crescormon in Guadeloupe. The other

growth hormone that we're talking about now would have come from Jamie and that's what why I wrote what Jamie said.

THE COMMISSIONER: What date is that?

5 THE WITNESS: One and a half cc's of the one he gave me would be equivalent to one cc of crescormon.

THE COMMISSIONER: What date is that? I'm sorry, what date?

10 THE WITNESS: Tuesday, the 10th.

THE COMMISSIONER: Tuesday, the 10th?

THE WITNESS: Yes, sir.

THE COMMISSIONER: Of January?

THE WITNESS: Of January.

15

20

25

Q. I am sorry, I have contributed to all of this, or not contributed to it, I have caused all this confusion.

5 A. So that was a note. I had taken 2 cc crescormon.

MR. ARMSTRONG: Yes.

THE COMMISSIONER: It says one and a half cc of other equal one cc. Is that what you are saying?

THE WITNESS: Yes, sir, because --

10 THE COMMISSIONER: Just explain that, you were -- you are getting a growth hormone from Dr. Astaphan at this stage?

15 THE WITNESS: I hadn't -- no, I hadn't received it yet, but I had gone to see him and this is what he said, that the one and a half cc of the growth hormone that I would get from him would be equivalent to the one cc of the crescormon.

THE COMMISSIONER: To the one cc of crescormon. I see. Thank you.

20 MR. ARMSTRONG:
Q. All right.
A. Because I must note that the crescormon I mixed myself. What Jamie gave me was pre-mixed.

25 Q. Okay.

THE COMMISSIONER: Does it also come in a bottle?

THE WITNESS: It was a larger bottle with no labels.

5 THE COMMISSIONER: No label?

THE WITNESS: No.

THE COMMISSIONER: I see. Would that be the synthetic or at that stage still the natural?

10 THE WITNESS: At that time the -- they weren't manufacturing protropin.

THE COMMISSIONER: Thank you. So it was still the natural. When you got it from him, though, it wasn't in the form that you got it in the States.

THE WITNESS: No.

15 THE COMMISSIONER: It was in the -- it was prepared by Dr. Astaphan for you?

THE WITNESS: I wouldn't say he prepared it, no.

20 THE COMMISSIONER: I see, but no label on it.

THE WITNESS: No labels.

THE COMMISSIONER: Thank you.

MR. ARMSTRONG:

25 Q. And let me just see if I can sort out

the timing a little bit here. I suspect at the end of the day nothing turns on it, but just for the purposes of trying to be as clear about everything as we can. I think you told me that at least as of January 1, 1984, you were
5 still in Guadeloupe?

A. January 1.

Q. Right. And when is it -- do you know, and I guess it may be difficult because we haven't got your complete diary in front of you --

10 A. I came home. It says Sunday the 8th return home, completion of my fifth book. Do you have that? It's underneath 3 cc Somatropin.

THE COMMISSIONER: What's it mean by completion of fifth book. Is that your reading or is that
15 somebody else, my fifth book?

THE WITNESS: My fifth book.

THE COMMISSIONER: You are reading?

THE WITNESS: No, I am finished writing. I am starting my fifth diary.

20 THE COMMISSIONER: I see.

THE WITNESS: Or my sixth, that's the completion of my fifth, I am starting my sixth.

THE COMMISSIONER: Okay. Well, let's go back to -- it says 3 cc of the Somatropin, double usual
25 dosage.

THE WITNESS: One cc.

THE COMMISSIONER: All right.

THE WITNESS: And this for sure is what was left in the bottle because I didn't --

5 THE COMMISSIONER: At the end.

THE WITNESS: Yes, because I did not want to return home with one and a half cc.

THE COMMISSIONER: When you came home, you are out of the human growth hormone which you purchased in the United States after Dr. Kerr's visit, right?

THE WITNESS: I think I -- no, because I believe that I did not take all to Guadeloupe.

THE COMMISSIONER: I see.

15 THE WITNESS: I think I had a couple of bottles left in my refrigerator at home.

THE COMMISSIONER: But on Tuesday the 10th, though, you are talking to Dr. Astaphan about a new -- a new supply, isn't that right, because that's when you are told that the human growth hormone that he was going to supply you was equivalent to -- was giving the different equivalency between one and the other?

20 THE WITNESS: Yes, I had heard that. There is -- I have no record of seeing Jamie before then. So, it must have been by via phone.

25 THE COMMISSIONER: Thank you.

THE WITNESS: Because I don't remember going to see him at that time.

MR. ARMSTRONG:

5 Q. All right. So, in any event, at around this time, you must have been at least talking on the phone to Dr. Astaphan about getting a further supply of human growth hormone from him?

A. Yes, I was.

10 Q. And indeed you indicated this morning that one of the advantages of Dr. Astaphan being involved in your drug program was that you wouldn't have to fly to Los Angeles to get a prescription for drugs, including human growth hormone from Dr. Kerr?

15 A. That's correct.

Q. All right. Then I wanted to ask you, and I forgot to, when you bought the crescormon, the human growth hormone, in the United States at the pharmacy adjacent to Dr. Kerr's office, do you remember now how much you paid for it per bottle or per vial?

20 A. They were \$90.00 U.S. per vial.

Q. Do you have any recollection now of how much you purchased at that time?

A. No, I did not write it down. But I suppose if we add up the dosages that I -- then I could

25

figure out how much bottles I had.

THE COMMISSIONER: You said \$90.00
American for one?

THE WITNESS: One bottle.

5 THE COMMISSIONER: One vial.

THE WITNESS: Yes.

MR. ARMSTRONG:

Q. All right. Then just on one other
10 point that you mentioned a moment ago, it is a little bit
of a non sequitur, but not a non sequitur on your part,
the question I am about to ask is a bit of a non sequitur
is you mentioned that the growth hormone that you
eventually got from Dr. Astaphan didn't have any label on
15 it?

A. It didn't.

Q. Now, we are going to hear about your
getting drugs from Dr. Astaphan from time to time, as we
go along in your evidence, but I would like to just ask
20 you here: Whenever you received drugs from Dr. Astaphan,
did you ever receive them in any container that ever
contained a label on it?

A. Prescription drugs, of course. If he
gave me a prescription and I filled it at the pharmacy, it
25 would have a label, but other than that there were no

labels on bottles.

Q. No, but if he were to give you a drug for example himself?

A. He would put the directions, if I was going away, he would write on a piece of paper and tape it around the bottle what it was sometimes or what amount to take. But, you know, the standard label that came on the box, the crescormon box, you know, from the manufacturer, was never on his bottles.

Q. All right.

THE COMMISSIONER: What about the Winstrol bottles that you got at one time, Winstrol, did it have a label.

THE WITNESS: The inject -- you mean the Estragol, the injectable.

THE COMMISSIONER: No, we are not there yet, but does Anavar come in a label?

THE WITNESS: Oh, yes, it comes --

THE COMMISSIONER: You got that from prescription?

THE WITNESS: But I got that from Dr. Kerr, so that came --

THE COMMISSIONER: We will come to Dr. Astaphan later.

MR. ARMSTRONG: And the Winstrol that she

got was Winstrol that she got from --

THE COMMISSIONER: Was not from Dr.
Astaphan at that stage.

MR. ARMSTRONG: From Mr. Francis.

5

MR. ARMSTRONG:

Q. All right. Then I want just to carry
along the -- I think we had you up to January the 10th.
Let me take you to an entry on January the 13th, 1984, Ms.
10 Issajenko. Have you got that?

A. Yes.

Q. And about a third of the way down the
page, two cc crescormon?

A. That's correct.

15

Q. So I take it you -- this would still be
some of the growth hormone left from the supply you had
gotten from in Los Angeles?

A. From Dr. Kerr because I had left it at
home in the refrigerator.

20

Q. And then if I could take you to January
the 14th, and it says January 14th, and then in brackets,
page 3. And can you just read the top three lines,
please, three and a half lines?

25

A. It definitely has to be the growth
hormone. Every time I get an injection I get very tired.

And at the bottom --

Q. Then --

A. -- my -- it says my legs were very loose, but I had no power. The crescormon is doing something, it's the only explanation. Sunday the 15th,
5 day off training, I still -- I am still very, very dopey.

Q. Then another reference on the 16th?

A. 16th, two cc of crescormon at 12 p.m.

Q. Okay. And then if we could turn over
10 the page, still I believe on the 16th, there is a reference at 11:55 p.m. and could you read that for the Commissioner, please?

A. It says two and a half cc growth hormone other, last shot until after nationals.

15 Q. No, no, until after indoor season?

A. After indoor season, okay.

Q. All right. And the two and a half cc growth hormone other, what is? That must be the other stuff that Astaphan was giving you?

20 A. But I don't recall. That does not make sense, because I do not recall getting any growth hormone from Jamie at this time.

Q. I see. Except -- well, I don't want to say expect or put words in your mouth, but really up to
25 this time every time you have taken crescormon you have

referred to it as crescormon. Even on this day you have taken 2 ccs of crescormon and then later you say --

THE COMMISSIONER: If you look ahead you will see what happened. March '84 explains what the witness has now said.

MR. ARMSTRONG: Well, no, that's a whole -- whole new story then that we get into.

THE COMMISSIONER: Well, at that stage your recollection is you have no growth hormone yet from Dr. Astaphan; is that right?

THE WITNESS: That's my recollection, I --

THE COMMISSIONER: All right.

MR. ARMSTRONG:

Q. All right. Then in any event it would appear that --

A. The reason being is that I show there is no, no -- I have no dates in my diary of seeing Jamie after coming back from Guadeloupe. The first recording is Thursday the 19th. And it says appointment at 9 a.m, blood test.

MR. ARMSTRONG: All right.

THE COMMISSIONER: That would be with Dr. Astaphan?

THE WITNESS: That would be with Jamie,
yes.

MR. ARMSTRONG:

5 Q. In any event, it would appear that the
cycle of drugs that you started in December in Guadeloupe
is carried through to January the 16th, '84 in Toronto and
stopped at that point until after the indoor season as
your note would indicate?

10 A. That's correct.

Q. All right.

A. It says week 12 at Monday the 16th.

Q. Sorry, right, at week 12, I am sorry,
thank you.

15 Mr. Commissioner, Mr. O'Connor and I had a
brief chat, and we make a joint submission that we might
just have an afternoon break if we could.

THE COMMISSIONER: It's been suggested by
counsel for the witnesses that we take an afternoon break,
20 because counsel tell me they are tired. So, we will take
a few minutes now.

MR. ARMSTRONG: Thank you.

--- Short recess taken.

25

--- Upon resuming.

THE COMMISSIONER: Mr. Armstrong.

MR. ARMSTRONG: Thank you, Mr.

Commissioner.

5 THE COMMISSIONER: Are we at March 1984, is
that where we are.

MR. ARMSTRONG: Before we go to March 1984,
there was one other matter that occurred in February.

THE COMMISSIONER: All right.

10 MR. ARMSTRONG:
Q. When the record of Dr. Kerr is filed,
Ms. Issajenko, there will be evidence of a phone
conversation that took place on the 10th of February,
15 1984. And I just want to show you what the note is just
to see if you remember such a conversation.

I have got his medical record here and see
if we can read his writing. Has had hypoglycemia,
apparently will be taking STH again this spring, question
20 mark. I advised that it be used only under a physician's
care and only for a very short period of time.

Now, again, I don't know whether you recall
talking with Dr. Kerr in about February of '84 on the
phone, but having read that note to you, does that in any
25 way assist your recollection?

A. Yes, I do.

Q. All right. Do you remember indicating to him at that time that you had had some hypoglycemia and that you were also thinking at that time, that spring, of taking growth hormone or STH, which I take it is growth hormone?

A. Yes, I did, because before when I started experiencing the -- being tired after getting injections of human growth hormone, I had gone to see Jamie. And he suggested that my protein intake wasn't adequate.

Q. Yes.

A. And he also sent me to have a glucose tolerance test done. And that was next door, the lab, at his office I did the test.

When the results came back, it did prove that I had hypoglycemia. And from reading the monograph on crescormon, that is one of the possibilities, the -- for the kids who -- the dwarfs who get human growth hormone is that some develop hypoglycemia and some develop diabetes.

Q. Yes.

A. So, I developed hypoglycemia.

Q. So, it was because of that then since Dr. Kerr had originally prescribed the -- or prescribed

the crescormon that you wanted to go back and tell him that?

5 A. Yes. And I -- actually I was hoping that he would have some suggestions as to what I should do.

Q. All right. And I guess what in fact he advised was that if you are going to get back into growth hormone again that spring, that you should do so under the care of a physician?

10 A. Yes, he did.

Q. And for a very short period of time?

A. For a short period of time, yes, he did.

15 Q. And it would seem also, you will forgive me, whether you read his original letter that he we have now marked as an exhibit or not with care, that you indeed took his advice that if you suffered any side effects or ill effects of any kind, that you contact Dr. Kerr. And you were doing in fact what he wanted you to do?

20

A. Yes, I was.

Q. All right. Then let's move along as the Commissioner suggested I would to March of 1984. And you have a diary entry, I believe, for Sunday the 4th of

25

March?

A. Yes, I do.

Q. And could you read that, please?

A. It says travel to Guadeloupe. Astaphan
hasn't come up with the somatropin in spite of giving him
5 \$1,200.00. I hope he sends them with Tony on Sunday.

Q. Now, tell us about that, please. What
arrangement was made between you and Dr. Astaphan for the
somatropin?

A. Well, of course, I had run out of the
10 growth hormone that I had bought from Dr. Kerr, and I
asked Jamie if he could get me a further supply, which he
said he would.

Q. Yes.

A. And I paid him \$1,200.00 for it I
15 remember in his office; Charlie was with me. And I was
hoping I would get it before going to Guadeloupe because I
said I always wanted to make sure that whatever I took, I
had it in my own hands, I would bring it myself, I
wouldn't rely on other people to take it for me. But he
20 didn't get it. And he said he would send it with Sharpe.
So, I went on Sunday the 4th to Guadeloupe, and Sharpe and
B.J. came the following Sunday.

THE COMMISSIONER: Sharp and who?

THE WITNESS: Ben Johnson, sorry.

25 THE COMMISSIONER: What did you call him?

THE WITNESS: B.J..

THE COMMISSIONER: B.J. Thank you.

MR. ARMSTRONG:

5 Q. Tony Sharpe and Ben Johnson came down together the following Sunday?

A. Yes, they did.

10 Q. All right. And did -- I am sorry, I lost you for a moment. Did you say whether or not Sharpe had brought with him the growth hormone from Dr. Astaphan?

A. Ben brought it.

15 Q. I see. And when you say that -- when you make the record here of \$1,200.00 that you had given to Dr. Astaphan, was that a figure simply that Dr. Astaphan mentioned to you?

A. No. I was simply paying him the same amount that I had paid Dr. Koch -- Dr. Kerr.

20 Q. Two to one in your favour now, but I will even the score very shortly, I am sure.

Then was the \$1,200.00 cash?

A. I had some cash and some travellers cheque that I had had from Los Angeles, that I brought back from L.A.

25 Q. In the \$1,200.00 that you paid to Dr. Astaphan?

A. Sorry, not from L.A. from Guadeloupe, because what we did -- the money we got to go to Guadeloupe, it came from a special fund that was set up by Sport Canada I guess through the CTFA and it was a special preparation for the Olympic Games.

So, what I had done, I had made up a training chart, and I had sent it to off to the Canadian Track and Field Association. And they had sent the money for Sharpe and I or Ben or whoever went to Guadeloupe to pay for the expenses.

Q. All right.

A. And what we do, we would always change it in to U.S. dollars because --

Q. All right. Now did Dr. Astaphan tell you from whom he was going to get the growth hormone?

A. No.

Q. Did he tell you where he was going to get it?

A. My understanding was it came from New Jersey.

Q. All right. Did that understanding come from Dr. Astaphan?

A. Via Charlie, yes.

Q. Then I want to take you to an entry on March the 10th in your diary. And just could you just

read that, it is March the 10th, page 2, of your diary. Could you just read that -- just read the whole entry for that day will you, please?

5 A. Definitely have to get back with the stomach exercises and sit ups. The dosage of D is so small, 5 milligrams, I don't know if it would cause water retention. So to make -- as to make the legs like sore. I would try A for a week and see if it clears. The D means Dianabol. I had gotten very sore, and because of
10 the -- because of the water retention properties that Dianabol has, I decided that I would switch from Dianabol for a week and take Anavar, which had less water retention qualities to it.

 Q. I see. So, let me ask you this, and
15 again, I am sorry, I overlooked this.

 As of, I believe the date was October the 19th, Dr. Astaphan was going to advise you on your drugs, and you told us the advice he gave you at that time relative to what Dr. Kerr had prescribed. And you made
20 the decision to go ahead with Dr. Kerr's plan. And indeed we saw that you followed that.

 Now, we are into the spring of '84, we are in to this training camp in Guadeloupe, is -- and you have mentioned that Dr. Astaphan was going to get the growth
25 hormone for you that you have -- that was going to come

down through somebody else, and indeed, Ben Johnson brought it down the following Sunday.

Who is -- is Dr. Astaphan now involved in -- I don't know what the right word is and I don't want to put too much attention on a particular word, but is he involved in some way in the direction of your drug program at this point?

A. Yes, he is, and not only anabolics, he was now our family doctor. So, I had stopped going to see Dr. Koch.

THE COMMISSIONER: Well, following that up, though, I thought that from the beginning Dr. Astaphan was not happy with Anavar and preferred Dianabol. And you stuck with Anavar and you are back on Dianabol now, are you?

THE WITNESS: Yes, I am.

THE COMMISSIONER: Was that a change or had you gone back to Anavar before this date?

THE WITNESS: I think this is the first time I am back to Dianabol.

THE COMMISSIONER: I see, thank you.

THE WITNESS: I must -- I must also point out that Jamie had given me -- he had written up my diet before I went on the growth hormone in the fall, because he told me that when you take human growth hormone you

have to make sure that you get adequate protein.

MR. ARMSTRONG:

Q. Yes. Then --

5 A. And a lot of times, it is very
difficult in a training camp situation to -- to make sure
that you do have the right, adequate intake of protein.

10 Q. All right. Then could I take you over
to March the 12th. I think it is not over at all, I think
it is on the same page, morning start Dixarit, what is
that 2?

A. Two per day.

15 Q. Two per day, couldn't sleep last night,
so I was very tired this morning. Now, I think although
you have mentioned Dixarit before -- well, perhaps you
haven't, but is this -- this is the first time at least
that you are taking Dixarit --

A. That I am taking Dixarit.

Q. What is a Dixarit?

20 A. This was prescribed by Jamie. It had
the same function as L'dopa.

25 During my training in Guadeloupe, I had
started getting very low back pains. And when I came
back, I told this to Jamie, and I looked -- I had looked
in my CPS and one of the symptoms of L'dopa is low back

pain.

Q. I see.

A. And I told him about this and he suggested I take Dixarit instead.

5 Q. And indeed you and I yesterday afternoon looked in the CPS, together with Ms. Chown, and Mr. O'Connor, and Ms. Pinheiro, and find that lo and behold in the CPS one of the side effects is low back pain for L'dopa.

10 A. Low back pain.

Q. And so, he suggested that you take the Dixarit because of that problem, is that it?

A. Yes.

15 Q. All right. But it again I take it was to have more or less the same effect as the L'dopa --

A. As L'dopa.

Q. -- to increase the take up of the growth hormone?

A. Yes, it was.

20 Q. All right. Then I want to move you to March the 19th which is over the next page. And in the fourth line there is two cc SMOL which is the somatropin?

A. Plus one cc Inosine.

Q. All right.

25 A. I must point out that Jamie had

introduced the drug, I wrote it as Indocin but it's Inosine, to us. I started take it during the indoor season when I had stopped the growth hormone and the anabolics.

5 Q. I see. So the indoor season of the winter of '84?

A. Yes, evert visit to Jamie he gave me an injection of two ccs of Inosine.

10 Q. Yes. All right. And you have written it in your diary as Indocin?

A. Indocin, yes.

THE COMMISSIONER: Ms. Issajenko, in Guadeloupe, on March 19th, you are still there, are you?

THE WITNESS: Yes.

15 MR. ARMSTRONG: Yes.

THE COMMISSIONER: I see two cc of --

THE WITNESS: SMO plus one cc Indocin but really it should be Inosine.

20 THE COMMISSIONER: I understand. Then I think you said this is my last week on Dianabol.

THE WITNESS: Yes.

THE COMMISSIONER: Is that what you said?

THE WITNESS: Yes.

THE COMMISSIONER: That's March 19th.

25

MR. ARMSTRONG:

Q. Yes. Now, the somatropin which is we know is a growth hormone, is this Dr. Kerr's somatropin or is this --

5 A. No, this is the one I got from Jamie but I still called it somatropin.

THE COMMISSIONER: I am sorry, this is the one -- this is the -- this was brought to you in Guadeloupe I think you said by Mr. Johnson? It was
10 delivered by Mr. Johnson?

THE WITNESS: Yes, it was brought, yes, by B.J. -- yes.

THE COMMISSIONER: I see. And it obviously came from Dr. Astaphan?

15 THE WITNESS: Yes, it did.

THE COMMISSIONER: Thank you.

MR. ARMSTRONG:

Q. Do you remember now what the particular
20 name of the growth hormone was that Dr. Astaphan gave you?

A. There was no name.

Q. All right.

A. I was rather surprised because I expected it to be like crescormon, but this was already
25 mixed. There was no white powder, and no --

Q. Distilled water?

A. -- distilled water.

Q. So it came as a --

A. And it was in also a larger vial.

5 Q. Did the vial have any particular label
on it?

A. No.

Q. All right.

A. It was a clear solution. And it
10 obviously was not opened because on the vial there was
a -- it had a metal casing around the top. And then
another metal casing in the form of a circle at the top
where you could just use a sharp instrument and take that
off and then there would be, you know, the rubber that you
15 stick the needle in to get the medication out.

Q. I understand.

A. I understood -- you see the crescormon
that I had from Dr. Kerr, it was manufactured in Sweden.
This one was apparently manufactured in New Jersey, it was
20 an American brand.

Q. Did you believe it to be the human --
the actual natural growth hormone or the synthetic growth
hormone?

A. I don't think at this time there was a
25 synthetic growth hormone. The synthetic one is called

protropin.

Q. All right. Then could I take you to March the 21st, the second page of your diary for that day. And if you look at the fourth line, we find an entry there. Would you read that please?

A. Two cc SMO plus one cc Indocin.

Q. All right. So, again, this would be the two ccs of a growth hormone that Ben Johnson brought down from Dr. Astaphan?

A. Yes.

Q. Plus the Inosine. All right. Then March the 23rd, the second page of it, you have a reference at the very top SMO -- I spilled one cc of water, more concentrated. What does that refer to, Ms. Issajenko?

A. That, again, does not make sense, sir, because I was not mixing the somatropin. It was premixed.

Q. All right. Then, if I could take you to March the 26th, at the top of the page above where it says
5 "Monday 26th," you've got a reference, "Changed to 5 milligram Anavar"?

A. Yes, that's correct, and it says, "Week two."

THE COMMISSIONER: It says what?

10 A. Week two. It was my second week.

THE COMMISSIONER: Yes, thank you.

MR. ARMSTRONG:

Q. And, I'm sorry, you were changing to 5
15 milligrams of Anavar, changing from--

THE COMMISSIONER: From Dianabol.

A. From the Dianabol.

MR. ARMSTRONG:

Q. And then there's another reference on
20 March the 28th that we don't need to linger over that is an indication of 2 cc's of somatropin, and then I wanted to take you to March the 30th. At the bottom of the page --

25 MR. ARMSTRONG: This is a little bit

difficult to find, Mr. Commissioner.

THE COMMISSIONER: I see it. Two cc's of --

MR. ARMSTRONG: Do you see that?

THE COMMISSIONER: Yes, 2 cc of crescormon.

5

MR. ARMSTRONG:

Q. Would you just read under that, the reference there?

10 A. "My skin is getting so tight, it's hard to push the needle in, also to take it out."

Q. And, again, Ms. Issajenko, through it, you've been in Guadeloupe since March the 4th or thereabouts, and are you still in Guadeloupe at this point?

15 A. Yes.

Q. And during the period of time that you are in Guadeloupe receiving injections of the growth hormone, who is doing the injections in March of '84?

A. For me, Tony Issajenko.

20 Q. Tony Issajenko?

A. Yes.

Q. Then I wanted to take you to an entry on April the 2nd. Opposite 11 p.m., could you just read what that entry says?

25 A. "11 p.m., 2 cc's crescormon plus a

quarter cc aqueous, about 25 milligrams."

THE COMMISSIONER: Are you still in
Guadeloupe? I forgot whether you --

A. Yes, sir.

5 THE COMMISSIONER: Thank you.

A. We were now mixing the growth hormone
with a very small amount of water-based testosterone.

Q. Sorry. I see, aqueous testosterone.
That's, obviously, the water-based testosterone.

10 THE COMMISSIONER: Where did that come from?

A. That came with the growth hormone.

THE COMMISSIONER: In a separate -- along
with, but in a separate vial. That's injectable, too?

15 A. That's injectable. That was in its own
vial.

THE COMMISSIONER: It's own vial, right.

MR. ARMSTRONG:

Q. Who brought it down there?

20 A. It also came with B.J.

Q. B.J. again being Ben Johnson?

A. Yes.

THE COMMISSIONER: What is that aqueous
testosterone? That's a liquid --

25 A. It's water-based testosterone.

THE COMMISSIONER: Which is also a steroid?

A. Yes, sir.

MR. ARMSTRONG:

5 Q. And when -- let me just ask you this.

When the growth hormone came down to Guadeloupe and the aqueous testosterone came down to Guadeloupe and you say Ben Johnson brought it, did it -- what kind of container was it in, or containers?

10 A. The -- Jamie had also sent a large box filled with vitamins for us all, all sorts of minerals and vitamins. And the bottle of, the small bottle of aqueous testosterone, and the human growth hormone. I'd gone to a meet and had gotten a little plastic case with a handle
15 from Labatts. I think it's one of those coolers that holds about two bottles of beer. And because the growth hormone had to be re Fridgerated, it was packed in that little box.

THE COMMISSIONER: In a separate box?

20 A. In ice, yes. The growth hormone was.

THE COMMISSIONER: In a separate box.

A. And the testosterone was in the vial.

THE COMMISSIONER: The testosterone, was there also no label --

25 A. That had a label, yes.

MR. ARMSTRONG:

Q. The testosterone?

A. Yes, it did.

5 MR. FUTERMAN: I'm sorry, Mr. Commissioner.

I couldn't hear whether the testosterone was in a separate box or was it mixed with the vitamins?

A. No, no. It was not mixed with vitamins, no.

10 THE COMMISSIONER: The growth hormone was in a separate -- with ice.

A. Because it had to be kept re Fridgerated. It was in a cooler, a little container.

15 THE COMMISSIONER: And the aqueous testosterone also came in a vial, but this had a label on it?

A. It had a label, yes, and all the vitamins had labels.

THE COMMISSIONER: I see.

20 MR. ARMSTRONG:

Q. And, again, this may be asking too much, but the label in regard to the aqueous testosterone, what did it say on the label?

25 THE COMMISSIONER: Was it a manufacturer's

label or --

A. Yes, it was a manufacturer's label.

Q. And it had the name aqueous testosterone on it?

5 A. Yes, it did, and I recall when Ben and Sharpee came through the Customs, they had everything in a box, a cardboard box, and the Customs, they wanted to know what it was. And Sharpe quickly took out the container. He grabbed the testosterone and the growth hormone and the
10 people at Customs, they took the box with the vitamins. And it took us a few days to get it back because they went through it. They wanted to know what it was.

Q. They went through the vitamins?

A. They went through the vitamins. But
15 Sharpe had quickly picked up the container with the growth hormone.

Q. I think the Commissioner has already clarified this, but somehow I've missed it. I've got the picture here of the beer cooler with the growth hormone in
20 it.

A. Yes.

Q. Was the aqueous testosterone in a separate container but also in the beer cooler or in a separate container with the vitamins?

25 A. I think it was hidden, also, with the

growth hormone.

Q. In the beer container?

A. Yes, because it's not the kind of thing you want to travel around international borders with, you know. Because they wouldn't necessarily know that in a beer cooler you had drugs.

Q. Then the aqueous testosterone, do you know where it had originated from?

A. Everything, I understood, came from Jamie because Charlie told me when he came down that he and Ben had gone to Dr. Astaphan to pick up the supplies for all of us. They had driven there; they picked them up, and he gave them to Ben to take to Guadeloupe.

Q. Now, on this note on April the 2nd, 1980--

THE COMMISSIONER: It was clear, though, that whoever was transporting would have to be careful it was not examined by Customs, I guess? You can't take the drugs in -- That's why it was sort of, it was hidden, I guess, from the Customs people. I'm not quite clear what you said Tony did or what somebody did.

A. Well, no, it was in a box, and Ben had the growth hormone, the container with the growth hormone, and the testosterone in the cooler, you know, on top of the vitamins. And, of course, you come through Customs

and they want to know what's in the box. And what Tony did was, he realized what was happening and he quickly grabbed the container and held it in his hand so they only got the box with the vitamins.

5 THE COMMISSIONER: They got the box with the vitamins, I see.

MR. ARMSTRONG:

10 Q. Now, on April the 2nd when you show the record of taking a quarter cc of aqueous testosterone, it may probably be a function that it's late in the day, but I thought you had said earlier that you really hadn't been very happy with your experience with testosterone?

A. These are the mistakes you make.

15 Q. Sorry?

A. These are mistakes one makes, I guess.

Q. And, in any event, I take it that Dr. Astaphan must have thought you should take the aqueous testosterone because he sent it down there?

20 A. Yes.

Q. All right. Then you're -- again, for the purpose of the record, we'll be able to figure out exactly when it is, I believe, from your diary, when you left Guadeloupe, but you are there, I believe, at least
25 through the first couple of weeks in April; is that

correct? Can you help us? I just have lost mine --

A. The training camp, the duration of the camp was six weeks.

Q. So that probably would have taken you
5 through from March the 4th to about the middle of April?

A. We were still there in April because we went from Guadeloupe to Martinique for a competition on the 27th of April.

Q. Okay. And then just to complete the
10 picture in Guadeloupe, so far as you were concerned, on April the 4th, you show 2 cc's crescormon plus 25 milligrams of aqueous testosterone. April the 9th, 2 cc of crescormon, plus 50 milligrams of aqueous testosterone?

A. April the 11th, I think. Isn't it the
15 11th?

Q. Well, before the 11th--

A. Okay. It's written above Tuesday the 10th. April the -- I have the 11th.

Q. Well, my note has April the 11th.
20 Perhaps I had better check the entry.

A. It had to be -- there was one April the 9th. There was another one April 11th.

Q. All right. And I'm looking at April the 11th. It looks like "2 cc of somatropin"?

A. Plus 50 milligrams aqueous testosterone.
25

Q. Okay. And then similarly, on April the 13th, 2 cc's of crescormon and 25 milligrams of aqueous testosterone; am I right?

A. I see nothing on the 13th.

5 Q. I'll show you. Here we are, April 13th, page 2. "2 cc, CM, for crescormon?

A. Yes.

Q. And 25 milligrams of AG or AQ for --

A. AQ.

10 Q. For aqueous testosterone?

A. Yes.

Q. And that's the 13th?

THE COMMISSIONER: It's a Friday, too.

A. The 13th. I'm still not showing it.

15

MR. ARMSTRONG:

Q. You haven't got a copy--

A. Yes, I am. I found it.

20 Q. All right, good. And then, again, my crib sheet shows me that you had 2 cc's of somatropin and -- on April 16th?

A. That's correct.

25 Q. April the 17th, I think the record simply just says 2 cc's. Do you know what that was? It's likely somatropin; is it? If you look at the entry, Ms.

Issajenko, on April 17th, Page 2, just halfway down the page it simply says "2 cc's."

A. It doesn't say what it was, but I'm sure it was human growth hormone.

5 Q. All right. Then I'll take you over to April the 18th, Page 2, part way down the page, you say "We'll stop the Larodopa." Do you see that note? April 18th, Page 2. "I will stop the Larodopa and double the Dixarit and for a few days take a lot of B and see if I
10 feel any better." Is that what it says?

A. That's what it says, but I'm really surprised here because, as far as I was concerned, I was only on Dixarit. Unless I was doing half and half, one Larodopa and one Dixarit.

15 Q. And then I'll take you to April the 21st, down at the bottom of the page. "2 cc's crescormon." It looks like you're still on it?

A. That's correct.

20 THE COMMISSIONER: When did you go to Martinique? Are you just about ready for Martinique?

A. The 27th, we ran the meet in Martinique.

MR. ARMSTRONG:

Q. And then on April the --

25 A. 22nd.

Q. -- 22nd, top of the page --

THE COMMISSIONER: Is Mr. Francis at this training camp? I've forgotten.

A. Yes, he was.

5 THE COMMISSIONER: We hadn't established he was there, I don't think.

MR. ARMSTRONG:

Q. "Stop Anavar and --"

10 A. And Dixarit.

Q. -- Dixarit"?

A. That's correct.

Q. And then, finally, April the 25th, there is a note "11:30, 2 cc crescormon"?

15 A. Um, hm.

Q. And the last injection is Friday morning?

A. That's correct.

20 Q. And then we go to Friday, April the 27th, and there is a note -- what is that? "2 cc's somatropin and Larodopa," isn't it?

A. It looks like it, yes.

Q. All right. That's April the --

25 A. No, that's not Larodopa. That's 2 cc's Norflex. That's a muscle relaxant.

Q. And what about the -- well, what about that SM? I guess not again --

A. That's right. That's somatropin.

Q. That's somatropin?

5

A. But at the bottom, it's 2 cc's Norflex.

Q. And then you go -- you told the Commissioner you went to Guadeloupe --

A. Martinique.

10

Q. Or you went to Martinique for a meet on the 27th, and then is it shortly after that that you returned to Toronto?

A. Yes.

THE COMMISSIONER: All right. This would be the proper time to adjourn for the day.

15

MR. ARMSTRONG: Yes, thank you.

THE COMMISSIONER: Tomorrow morning at 10 o'clock.

20

--- Adjourned until 10 a.m. on Tuesday, March 14, 1989 ---

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